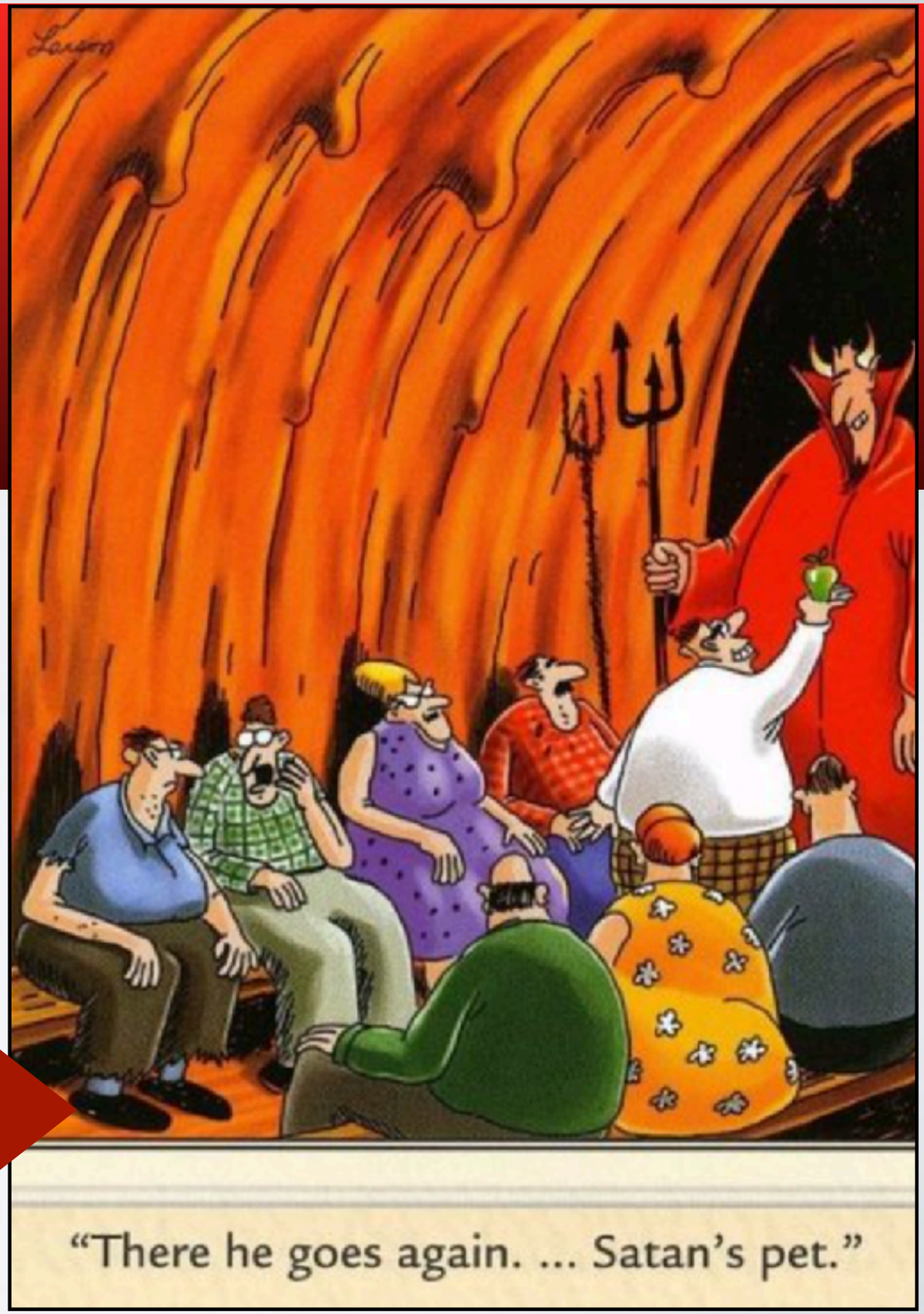
INDULGENCES

A very important teaching

Hell

This is what indulgences look like in Hell

Apparently part of the punishment is you <u>think</u> you can help yourself in Hell



AN INDULGENCE

- Per CCC 1471 - "An indulgence is a remission before God of the temporal punishment due to sins whose guilt has already been forgiven, which the faithful Christian who is duly disposed gains under certain prescribed conditions through the action of the Church which, as the minister of redemption, dispenses and applies with authority the treasury of the satisfactions of Christ and the saints."

AN INDULGENCE

- CCC 1471 (continued) - "An indulgence is partial or plenary according [to whether] it removes either part or all of the temporal punishment due to sin.

- The faithful can gain indulgences for themselves or apply them to the dead.

PENANCE & REPARATION

- Penance and Reparation are not the same thing, but they are both components of a complete restoration in Mercy and Justice flowing from the consequence of a sin.

- Penance demonstrates proof of the sorrow of offending God thus triggering God's mercy to forgive, while Reparation works on fixing or accounting for the damage caused - thus satisfying God's justice

- Some see God as only Merciful, thus leaving only an illusion that God is also Just.

PENANCE & REPARATION

- Against that background, we can more easily see the distinction

- Penance is the repentance we must make to trigger removal of the guilt, and to reinstate ourselves in God's friendship. (Mercy)

- Reparation is the reprimand/suffering we must endure to make up for, or satisfy, the harm we brought about by our self-indulgence when we sinned. (Justice)

PENANCE & REPARATION

- Since sin has a communal dimension, i.e., sin affects the whole body of the Church, salvation and forgiveness also have a communal dimension.

- This is *why* we pray seek the Sacrament of Reconciliation as part of our repentance for sins against the community and God.

- The priest represents God and the Community - hence the priest can restore a sinner to the Body of Christ

PENANCE & REPARATION

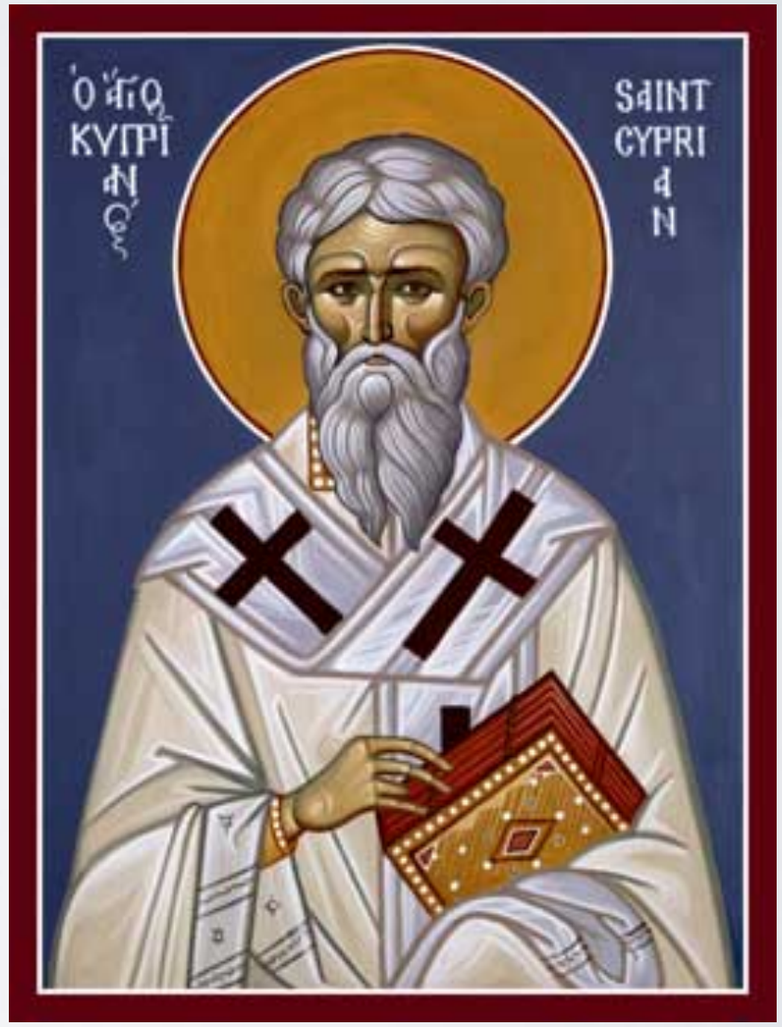
- In the Early Church absolution was not granted until both confession and penance had been performed - *(and the penances were very lengthy in duration).*

- Penitents asked **martyrs** facing death for aid - (to offer their sufferings for the atonement of the penitents sins) - so that full reconciliation with the Church and re-admission to the sacraments could be obtained more speedily.

- When a martyr offered his *sufferings* to *expiate* the sins of a penitent, the Church recognized this charitable act and *granted absolution.*

PENANCE & REPARATION

- For example, St. Cyprian (d. 258) stated,



  - "Those who have received certificates from the martyrs and are able to be assisted by their privileged position before God" may be absolved and "come to the Lord with the peace which the martyrs, as indicated in letters sent to us, desired to be given them."

(Letter to the Clergy, 18 (12), 1).

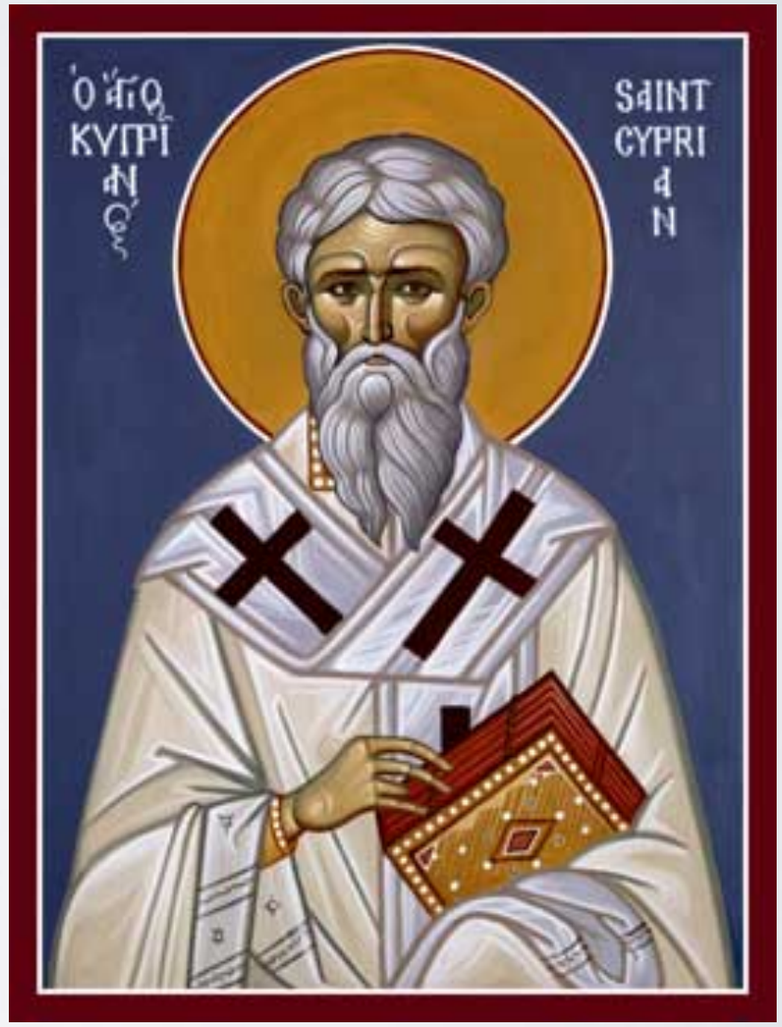
PENANCE & REPARATION

- This is at least in part - the basis for indulgences.
    - The communion of the Church also includes the faithful in purgatory and the saints in heaven.
        - These saints intercede on our behalf and pray for us.
- The Treasury of the Church includes the infinite, inexhaustible value of the merits of Our Lords death and resurrection, and the prayers and good works of the Blessed Mother and all of the saints.
- Just as they aided those in the journey of salvation while living on this earth, they continue to do so now.

PENANCE & REPARATION

- As the Minister of Redemption, the Church invokes their aid to help fully reconcile penitents and to alleviate the temporal punishment due to sin. (Indulgence)

- St. Cyprian, for example, preached that "the merits of the martyrs and the works of the just will be of great avail with the Judge" for all of the faithful on the Day of Judgment (The Lapsed, 17).



But how do

I obtain

an indulgence?

CONDITIONS

1. Intent to obtain (receive) the indulgence.
2. No attachment to sin - *Plenary.* (mitigated- *Partial*)
3. Do the prescribed act
4. * sacramental confession and * communion within a 20 day interval - *Plenary*
5. * Pray for intentions of the Holy Father - *Plenary*

* = *three constants for Plenary except in 'Articulo Mortis.' - State of Grace for Partial.*

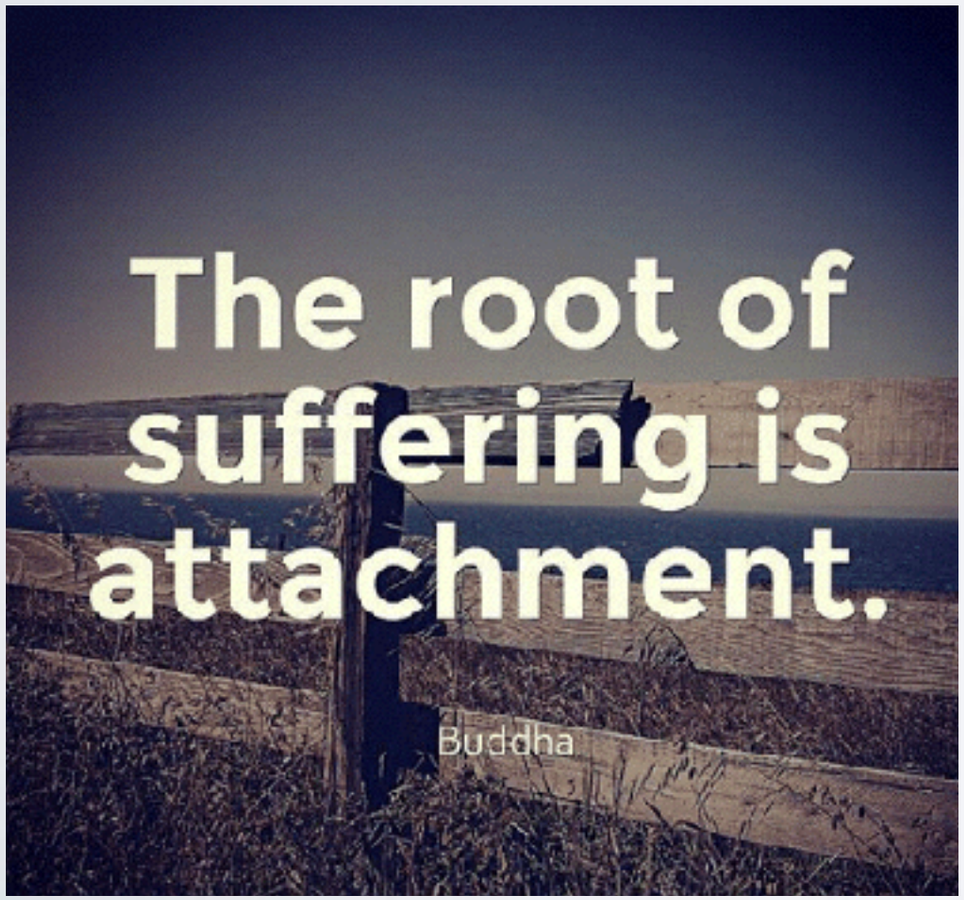
INTENT

- An Indulgence can not be obtained by accident.
    - Nor can an indulgence be obtained after the fact.

- The **intent** to receive the indulgence **must precede seeking** it. Otherwise there is no intent to do the act with the purpose of seeking reparation for prior sin.

NO ATTACHMENT

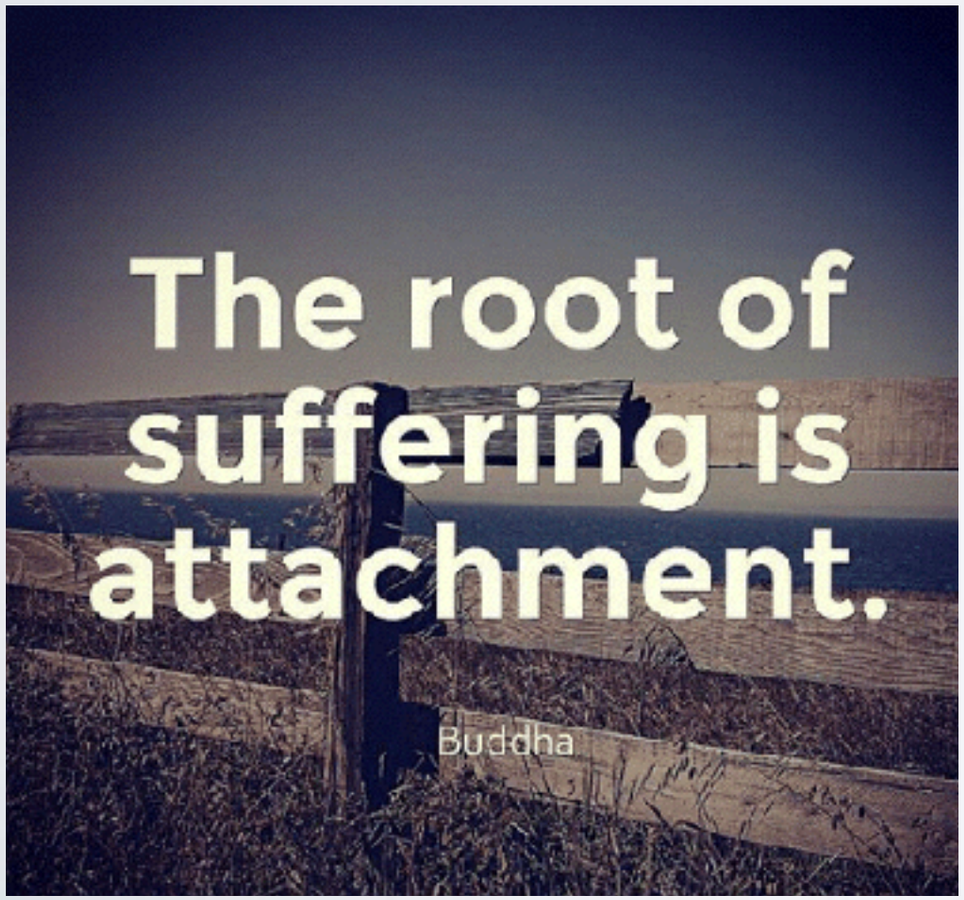
- NO attachment to sin - if a Plenary Indulgence is to be obtained - not even to venial sin. *Mitigated attachment permits reception of a Partial Indulgence.*



- How does one purge attachment?
  - By an ***act of the Will.***
    - A definitive **choice** is made.
    - **Peace** *from the commitment accompanies the choice.*
      (no suffering as Buddha would say)
  - It is never based on a feeling.

NO ATTACHMENT

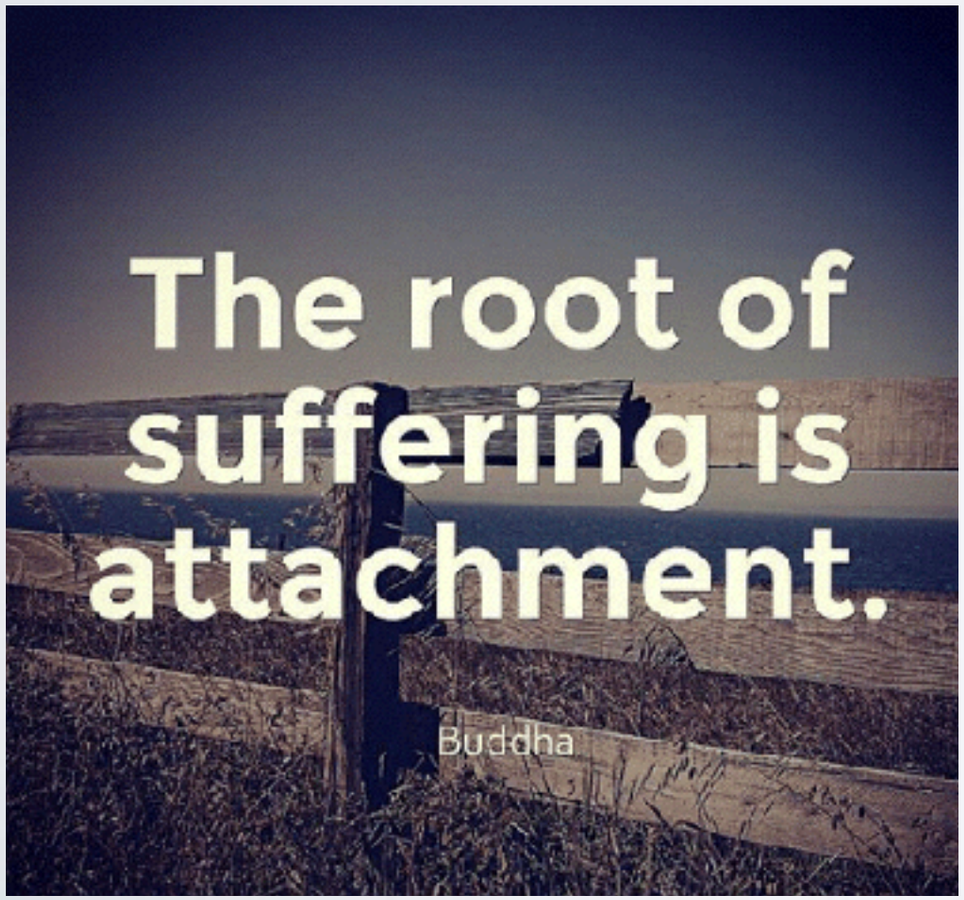
- An act of complete detachment - is understood to be the definitive act of the will choosing to desire the good that comes from rejecting all sin.



- How can I detach completely?
  - Foremost, put to death the fondness or affection *(memory of the pleasure)* that remains from previously forgiven sin.
- *Past feelings must be overcome by an act of the will, based on desire.*

NO ATTACHMENT

- The act of detachment - that act of the will needed for the indulgence, is assisted by grace - that is given to those seeking to do His will.



- Is it possible to do this?
  - It is not only possible, it is ultimately **necessary** for those who will enter heaven.
- If I die immediately after receiving a Plenary Indulgence where do I go? HEAVEN

NO ATTACHMENT

- All of this makes sense as the benefit of a Plenary Indulgence - A complete detachment from sin + a complete reparation from all previously committed sin - is in fact - our precondition for Heaven.
    - You are for that moment pure and perfect in the eyes of God! (Heb 12:14 + Mt 5:8)
- Since Purgatory, is the method for achieving that purity and holiness without which no one can see God, one who is the recipient of a Plenary Indulgence will go straight to heaven if she dies in that state. There is no need to be further purified.

- Remember Rev 21:27
  - Nothing impure will ever enter it (heaven), nor will anyone who does what is shameful or deceitful,
  - but only those whose names are written in the Lamb's book of life.

- The detachment requirement does not mean a person would never sin again as proof that they are detached from all sin.

- *Rather*, it is freedom from **attachment** to sin; that is, that there is no sin which the soul is unwilling or unable to renounce.

DISCUSSION QUESTIONS

- Lets make sure we understand where grace come into the indulgence process?
- Can a Protestant receive a Plenary or Partial indulgence?
- Can a person suffering an addiction detach from sin?
- Can an incapacitated person detach from sin? Does the degree of incapacitation matter?
  - Does it matter when I might have become incapacitated

- What does <u>not</u> make sense, is the idea that we just remain sinful by rationalizing that sin is a part of our fallen nature and therefore we can never really be perfect so we settle with the idea - to just do our best.
    - *thus never really becoming perfected as our Father in heaven is perfect in contradiction to Jesus' command*
- and yet, incredibly, we are nonetheless welcomed into heaven in that state.

- Some say the command is avoided at judgment by having *Jesus stand in front of us covering our continued imperfection with His Perfection and Blood, in a sense hiding our sin from God the Father.*
- This error - flows from a necessary belief that Christ never really meant what He said at the Mount of Beatitudes.

CONDITIONS

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2. No attachment to sin - *Plenary.* (mitigated- *Partial*)
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5. * Pray for intentions of the Holy Father - *Plenary*

* = *three constants for Plenary except in 'Articulo Mortis.' - State of Grace for Partial.*

TOWARDS PERFECTION

A further review of these important concepts with an eye to becoming perfect. (Mt 5:48)

- Intent - *act of the will*
  - general and specific
- Detachment - *act of the will*
  - a process leading to a momentous act
- This all leads to purity of heart and holiness.

TOWARDS PERFECTION

- General intent - The general intent to receive any and all of the indulgences that a faith filled person might merit throughout the day.
    - Protestants, for instance, can receive these indulgences. We will see this more clearly reviewing the SECOND Concession, for instance.
- Specific intent - The intention to receive a particular indulgence by engaging is a particular act that will bring it about.
    - *Plenary indulgences usually* require a *specific intent* because of their character.

TOWARDS PERFECTION

- General intent - can be explicitly made and therefore assured by making an assent of the will to receive all the available indulgences that might become available throughout the day.
- A simple prayer of offering our "prayers, works, joys, and sufferings" of this day, is sufficient.
    - We will look at such a prayer at the end of this topic. A Morning Offering, made at the beginning of the day is a great start.

TOWARDS PERFECTION

- A Detachment from sin requires a specific intent of the will, such that it is *not* just a *general* intention.
    - One must therefore, make a specific act of the will with the **specific intention** to detach from all sin. Not just a general intent to be holy.
        - Calling to mind **specific weaknesses** helps formulate a meaningful specific intent to rid attachment for that weakness.
- An examination of conscience is a great aid to making a detachment from sin because our conscience accuses us via a law written in our hearts. Rom 2:15 generally

TOWARDS PERFECTION

- **Detachment** from all sin - is almost always the result of a **process**, not a one time event.
    - Making repeated one time decisions to detach, can become a habit which will eventually mature into the virtuous condition (virtue) of detaching repeatedly.
    - With time, the desired detachment materializes with a future act.

repetition → habit → virtue

TOWARDS PERFECTION

- Remembering - Total Detachment requires me to, put to death even the fondness or memory of prior pleasurable sin,
    - a good friend of mine (Dan Vianello) observed that I seemed to be having too much fun retelling an old story … that included some unprofitable conduct. *(venial sin can be dangerous that way).*
- It came to me that I must avoid even telling stories that involve sin - avoid "stories" or "people" that will remind me of them.

★ *a previously dead fondness for sin can be resurrected!*

TOWARDS PERFECTION

- **Intent** - A different approach for sins of Commission versus sins of Omission

- Sin of Commission - Make an act of the will to detach, and nothing more is required.

- Sin of Omission - Make an act of the will to detach, and then ***future acts of love are required.***

  - *often a sin of negligence. Failure to balance priorities.*

TOWARDS PERFECTION

- Deadly sins (Cardinal sins) - by definition these are sins that are fatal to spiritual progress.

- <u>Omission</u> interferers:
  Pride and sloth
  <u>Commission</u> interferers:
  Pride, Anger, Gluttony, Lust, Anger, and Greed.

- **The Seven *Contrary* Virtues -** Humility, Diligence Kindness, Abstinence, Chastity, Patience, and Liberality.

TOWARDS PERFECTION

- **WE all would like to receive Plenary Indulgences** on every occasion they are available.
    - Some might think,
        - "*What is the point,* I can never fully detach from sin…"
        - Not obtaining a Plenary Indulgence is a "*waste of an indulgence opportunity*…"
- Not obtaining a Plenary Indulgence is *not a wasted opportunity, rather* a step closer to ***holiness***

DO THE ACT

- Why do we have to DO anything?
- What kind of things to we have to DO to receive a complete reparation or partial reparation for our sins?

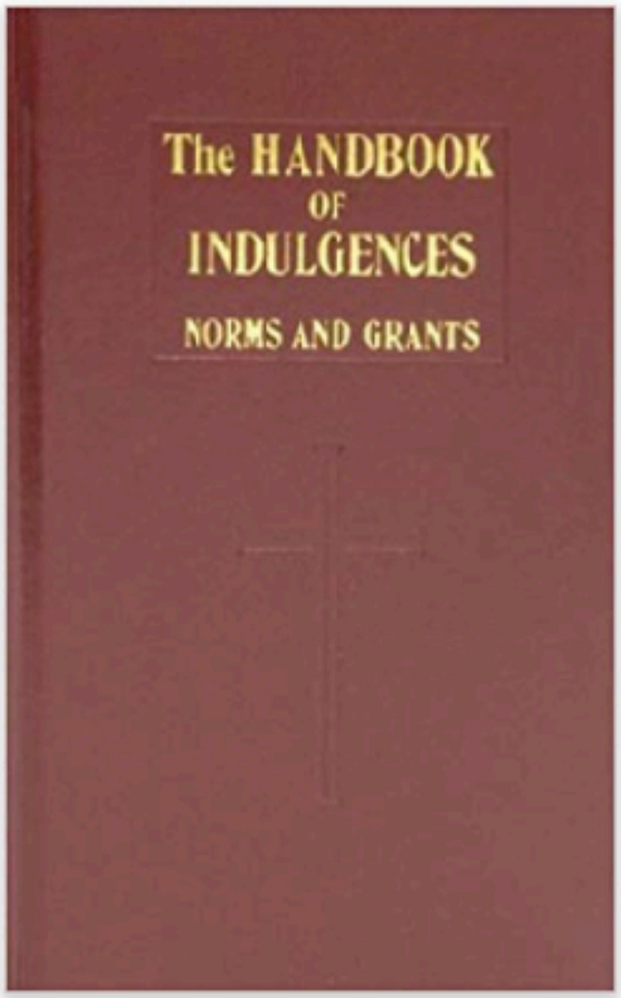
Doing increases Love, and Loving increases future Doing

BOOK OF INDULGENCES

The Handbook of Indulgences

by Catholic Book Publishing Co (Author)

★★★★☆ 37 customer reviews



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Why is ISBN important?

SOME NORMS

- An indulgence attached to a feast is transferred to the date of the transferred feast
- Bishops can impart Papal blessing with Plenary Indulgence 3 x per year
- Indulgence for an action in one day may begin at noon previous day
- Indulgence attached to a religious article lasts for the life of the article.
- Recipient must be baptized, not excommunicated and in the state of grace at least when work is completed.
- A plenary indulgence may only be gained 1 x per day

SOME NORMS

- Remission of Temporal Punishment = Reparation for for forgiven sin
- An indulgence may not be applied for another living person
- An indulgence may be applied to the dead
- The partial reparation, from one inwardly contrite is proportional to the efficacy of the desired act.
- Only the church can grant indulgences
- No book or pamphlet listing indulgences may be published apart from proper authority.

SOME NORMS

- A single sacramental confession suffices for gaining several plenary indulgences, but Holy Communion must be received and the prayer for the intention of the Holy Father must be recited for gaining each Plenary Indulgence.
- An indulgence cannot be gained by a work already imposed by law or precept.
- A partial indulgence is available for the faithful, *who missing one of the three constants, or having attachment to sin*, nevertheless does the required act.

SOME NORMS

- A Partial indulgence may be gained several times per day
- A Penance imposed by penance after confession, which also qualifies for an indulgence may satisfy both
- One can follow another person's recitation of a qualifying prayer, mentally.
- A confessor may commute a prescribed work, when impossible due to obstacle
- Hearing and speech impaired can gain indulgences attached to public prayer by raising their minds in devotion to God while present at the recitation or expressing the prayer in an outward sign.

INDULGENCES

FOUR CONCESSIONS

- The Four **CONCESSIONS** are **indulgences**, by virtue that the concession acts are promulgated in the Gospels and the New Testament as conduits of **grace** or **salvation**. They therefore have an efficacy that requires no separate promulgation.
  - Recall - **General** versus **Specific** Intent to receive
  - These are general in nature and *not specified by the church with some specificity as to what might qualify,* since the New Testament urges them in the context of Our Lord's and the Apostles' teaching and acts.

FOUR CONCESSIONS

- FIRST CONCESSION - A partial indulgence is granted to the Christian faithful who, while performing their duties and enduring the difficulties of life, raise their minds in humble trust to God and make, at least mentally, some pious invocation.
  - My Lord and my God,
  - Jesus, remember me
  - Jesus, son of David, have mercy on me.
  - prayers for endurance and assistance in general

- Mt 7:7-8; Lk 21:34-36; Acts 2:42; Rom 12:12; 1 Cor 10:31

FOUR CONCESSIONS

- SECOND CONCESSION - A partial indulgence is granted to the Christian faithful who, prompted by a spirit of faith, devote themselves or their goods in compassionate service to their brothers and sisters in need.

  - Helping others in need
  - Love in action

- Mt 25:35-36; Jn 13:34-35; Gal 6:10; Rom 12:8,10-11,13; 1 Cor 13:3

BODY - SOUL

The corporal works of mercy:

- To feed the hungry;
- To give drink to the thirsty;
- To clothe the naked;
- To shelter the homeless;
- To visit the sick;
- To ransom the captive;
- To bury the dead.

The spiritual works of mercy:

- To instruct the ignorant;
- To counsel the doubtful;
- To admonish sinners;
- To bear wrongs patiently;
- To forgive offenses willingly;
- To comfort the afflicted;
- To pray for living and dead.

FOUR CONCESSIONS

- THIRD CONCESSION - A partial indulgence is granted to the Christian faithful who, in a spirit of penitence, voluntarily abstain from something which is licit and pleasing to them.
  - *Chocolates*? Holding appetites in check (fasting)
    - St Leo the Great "We should spend on virtue what we take away from our pleasures." Self-denial more precious if joined with charity.
- Lk 9:23; Jn 13:34-35; Rom 8:17; Rom 8:13; 1 Cor 9:25-27

FOUR CONCESSIONS

- FOURTH CONCESSION - A partial indulgence is granted to the Christian faithful who, in the particular circumstances of daily life, voluntarily give explicit witness to their faith before others.

    - Share the Gospel and your faith, when the occasion merits, through <u>words</u> and <u>deeds</u>.

- Mt 10:32; Lk 11:28; Acts 1:8; Acts 4:32-33; 1 Tim 6:12; 2 Tim 1:8;

FOUR CONCESSIONS

- Generally the four concessions are the result of unplanned opportunities that arise during the day.
  - Ex: A beggar that appears from around a corner, or a person who drops a bag of groceries.
  - The General intention that makes a concession an indulgence, must be *more* than a product of a *good disposition* - it must be motivated by a spirit of faith and/or penance ultimately directed towards God.

INDULGENCES

- In Preparation for Sacramental Confession: A pious Examination of Conscience with purpose of amendment, followed by a devout recitation of an Act of Contrition - Partial Indulgence
- Magnificat - Mary's Prayer of Thanksgiving (Lk 1:46-55) - Partial Indulgence
- Prayer of Thanksgiving: Partial Indulgence.
  - "We give you thanks for all your gifts, almighty God, living and reigning now and forever."

INDULGENCES

- *FIRST* holy Communion - Plenary Indulgence is granted to those who receive Communion for the first time or to those who ASSIST at the sacred ceremonies of a First Communion.
  - Spiritual Communion - Partial Indulgence if in a state of Grace based on desire to receive.
    - impediment need not exist
- Apostles' or Nicene Creed - Partial Indulgence
- Office of the Dead - LOH - Partial Indulgence

BEFORE A CRUCIFIX AT MASS

- "Look down upon me, good and gentle Jesus, while before your face I humbly kneel, and with burning soul pray and beseech you to fix deep in my heart lively sentiments of faith, hope and charity, true contrition for my sins, and a firm purpose of amendment, while I contemplate with great love and tender pity your five wounds, pondering over them within me, calling to mind the words which David, your prophet, said of you, my good Jesus: "They have pierced my hands and my feet; they have numbered all my bones."

  - Plenary after Communion before a crucifix, after communion on Friday in lent -
    on any other day - Partial Indulgence

INDULGENCES

- Assistance as Sacred Preaching.
  - Plenary Indulgence is granted to those who attend a Mission, hear *some* of the sermons and are present for the solemn close of the Mission.
    - A *partial* indulgence is granted to those who assist with devotion and attention at other occasions of the preaching of the Word of God. (at a conference, for instance)

ADORATION

ADORATION of the BLESSED SACRAMENT

Plenary if done for over a half hour, and a Partial Indulgence if done for a lesser time accompanied by prayer, or if done without the three constants.

Plenary if done Holy Thursday after Mass during the repose of the Blessed Sacrament - while piously reciting Tantum Ergo

Plenary if participate in procession in or out of church on the Feast of Corpus Christi. June 20, 2019

TANTUM ERGO

from USCCB.org by St Thomas Aquinas in 1264 AD

Down in adoration falling,
Lo! the sacred Host we hail;
Lo! o'er ancient forms departing,
Newer rites of grace prevail;

Faith for all defects supplying,
Where the feeble senses fail.

To the everlasting Father,
And the Son who reigns on high,

TANTUM ERGO

With the Holy Spirit proceeding
Forth from each eternally,
Be salvation, honor, blessing,
Might and endless majesty. Amen.

V. You have given them bread from heaven,

R. Having all delight within it.

TANTUM ERGO

Let us pray.

O God, who in this wonderful Sacrament left us a memorial of your Passion: grant, we implore you,that we may so venerate the sacred mysteries of your Body and Blood,as always to be conscious of the fruit of your Redemption.

You who live and reign forever and ever. Amen.

HOLY SPIRIT

- **Holy Spirit** Prayer - Partial Indulgence
  - "Come, Holy Spirit"
    - Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit and they shall be created. And you will renew the face of the earth.
- Recommended before reading Holy Scripture.

HOLY SPIRIT

- **Holy Spirit** Prayer - **Plenary** Indulgence on feast of Pentecost - Partial at other times.
  - Come, Holy Spirit - Creator Blest verses or song
    - *Text follows next pages*

HOLY SPIRIT

Come, Holy Spirit, Creator blest,
and in our souls take up Thy rest;
come with Thy grace and heavenly aid
to fill the hearts which Thou hast made.
O comforter, to Thee we cry,
O heavenly gift of God Most High,
O fount of life and fire of love,
and sweet anointing from above.

HOLY SPIRIT

Thou in Thy sevenfold gifts are known;
Thou, finger of God's hand we own;
Thou, promise of the Father, Thou
Who dost the tongue with power imbue.

Kindle our sense from above,and make our hearts o'erflow with love;
with patience firm and virtue high
the weakness of our flesh supply.

HOLY SPIRIT

Far from us drive the foe we dread,
and grant us Thy peace instead;
so shall we not, with Thee for guide,
turn from the path of life aside.

Oh, may Thy grace on us bestow
the Father and the Son to know;
and Thee, through endless times confessed,
of both the eternal Spirit blest.

HOLY SPIRIT

Now to the Father and the Son,
Who rose from death, be glory given,
with Thou, O Holy Comforter,
henceforth by all in earth and heaven.
Amen.

GUARDIAN ANGEL

- Prayer to Guardian Angel:
  Angel sent by God to guide me, be my light and walk beside me; be my guardian and protect me; on the paths of life direct me. — Partial Indulgence

- Padre Pio to Guardian Angel -
  just a nice prayer FIRST Concession
  — Angel of God, my guardian to whom the goodness of the Heavenly Father entrusts me, enlighten, protect, and guide me now and forever

ANIMA CHRISTI

Anima Christi - Partial Indulgence

Soul of Christ, sanctify me.
Body of Christ, save me.
Blood of Christ, inebriate me.
Water from the side of Christ, wash me. Passion of Christ, strengthen me.
O good Jesus, hear me.
Within Your wounds hide me.
Never permit me to be separated from You. From the evil one, defend me.
At the hour of my death, call me and bid me come to you.
That I may praise you with your saints forever and ever.
Amen

ANGELUS

The Angelus - Partial throughout the year

- V. The Angel of the Lord declared unto Mary,
  R. And she conceived of the Holy Spirit.
  Hail Mary, etc...

- V. Behold the handmaid of the Lord.
  R. Be it done unto me according to Your Word.
  Hail Mary, etc...

- V. And the Word was made flesh,
  R. And dwelt among us.
  Hail Mary, etc..

(continued next page)

ANGELUS

- V. Pray for us, O holy Mother of God.
  R. That we may be made worthy of the promises of Christ.

- Let us pray:
- Pour forth, we beseech You, O Lord, Thy Grace into our hearts; that we to whom the incarnation of Christ, thy Son was made known by the message of an angel, may by His passion and cross be brought to the glory of His Resurrection, through the same Christ, our Lord. Amen.

VISITS TO HOLY SITES

VISITS TO HOLY SITES

- Plenary Indulgence for visiting any of the Four Basilicas in Rome
  - once a year on the day chosen by the individual
  - on the Basilica's titular feast
  - on any Sunday or day of Obligation

INDULGENCES

- Papal Blessing to Rome and World (*Urbi et Orbi)* - *Plenary* Indulgence
    - when in person
    - ALSO, when given by means of live radio of television

INDULGENCES

- Visit PAROCHIAL CHURCH or the CATHEDRAL of the Diocese
    - on its titular feast, *or* August 2,
    - and pray an Our Father and Creed.
        - **Plenary** Indulgence

INDULGENCES

Holy Family
Sunday in the Octave Chrismas

St Mary's
Sept 8

- Visit PAROCHIAL CHURCH or the CATHEDRAL of the Diocese
  - on its titular feast, *or* August 2,
  - and pray an Our Father and Creed.
    - **Plenary** Indulgence

St Charles
November 4

SACRED HEART

- FAMILY CONSECRATION - Consecration to the *Most Sacred Heart of Jesus*, a Plenary Indulgence is granted to those participating family members on the day of consecration.
    - At all possible by a priest or deacon
    - Recite devoutly the duly approved prayer before the image of the Sacred Heart.
- On the Anniversary of the Consecration, the indulgence is Partial Indulgence

INDULGENCES

- First Mass of a newly ordained priest - *Plenary* Indulgence
    - to the priest
        - and the faithful who attend
- Prayer for Priest or Religious Vocations.
    - Partial indulgence is granted to those who recite a prayer approved by ecclesiastical Authority for the above intention.
      (such as Prayers of the Faithful at Mass)

INDULGENCES

- Recitation of Ps 130 - Partial Indulgence

- TEACHING or STUDYING Christian Doctrine - for a person who teaches, prompted by a spirit of faith and charity. Also extends to the person who studies it. Partial Indulgence

- Prayer for the Household

  Hear us Lord, and send your angel from heaven to visit and protect, to comfort and defend all who live in this house, Amen. Partial Indulgence

CHRIST THE KING

DEDICATION OF THE HUMAN RACE TO JESUS CHRIST THE KING

- a Plenary Indulgence is granted to those who recite the act of dedication on the Solemnity of Christ the King (last Sunday of Liturgical year). Nov 29, 2019

  - Partial at other times.

- *IESU DULCISSIME, REDEMPTOR* Prayer available at www.catholic.org/prayers and follows here

IESU DULCISSIME REDEMPTOR

Most sweet Jesus, Redeemer of the human race, look down upon us humbly prostrate before You. We are Yours, and Yours we wish to be; but to be more surely united with You, behold each one of us freely consecrates himself today to Your Most Sacred Heart.

Many indeed have never known You; many, too, despising Your precepts, have rejected You. Have mercy on them all, most merciful Jesus, and draw them to your Sacred Heart.

IESU DULCISSIME REDEMPTOR

Be King, O Lord, not only of the faithful who have never forsaken You, but also of the prodigal children who have abandoned You; grant that they may quickly return to their Father's house, lest they die of wretchedness and hunger.

Be King of those who are deceived by erroneous opinions, or whom discord keeps aloof, and call them back to the harbor of truth and the unity of faith, so that soon there may be but one flock and one Shepherd.

IESU DULCISSIME REDEMPTOR

Grant, O Lord, to Your Church assurance of freedom and immunity from harm; give tranquility of order to all nations; make the earth resound from pole to pole with one cry:

Praise to the Divine Heart that wrought our salvation; to it be glory and honor for ever.

Amen.

DYING

- At the approach of Death - Plenary
  if an **APOSTOLIC BLESSING** is imparted by priest with the *intent* to bestow the plenary indulgence.

- Handbook of Indulgences, No. 28
  At the conclusion of the sacrament of penance or the penitential rite, ***the priest should not neglect to give the apostolic blessing*** to the dying.

DYING

Available even if in a coma

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DYING

THE APOSTOLIC PARDON (BLESSING)

(available even if a person then miraculously survives).

"Through the Holy Mysteries of our redemption, may Almighty God release you from all punishments in this life and the life to come. May he open to you the gates of paradise and welcome you to everlasting joy."

"By the authority which the Apostolic See has given me, I grant you a full pardon and the remission all your sins in the name of the Father, and of the Son, and of the Holy Spirit."

DYING

- If priest cannot be present, plenary is still available ***if the person is rightly disposed,*** "provided they regularly prayed in some way during their lifetime."

- Mother Church nevertheless grants such person a plenary indulgence *in articulo mortis*, if the person is in a state of grace. (Handbook of Indulgences #28). The use of a crucifix or a cross is recommended in obtaining this Plenary indulgence. In such a case the three usual conditions required in order to gain a plenary indulgence are substituted by the condition of 'prior regular prayer.'

INDULGENCES

- Visiting a cemetery - visit and pray. Applicable to the Soul in Purgatory.
    - **Plenary** on November 1 thru Nov 8, and can be gained on each of these days.
        - Partial Indulgence at other times
    - Also for visiting a catacomb of Early Christians - a Partial Indulgence
- Office of the Dead - LOH - Partial Indulgence

INDULGENCES

- Prayer for the Dead - Partial Indulgence for the Souls in Purgatory
    - "Eternal Rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen"

- A **Plenary** indulgence, applicable ONLY to the souls in purgatory, may be obtained by those who, on All Souls Day (November 2) piously visit a church or public oratory and recite the Our Father and Creed. *If the bishop moves the celebration to a near Sunday, it is still attainable on the Sunday.*

INDULGENCES

- Litanies - Partial Indulgence for various litanies
  - Holy Name, Sacred Heart, Precious Blood, Blessed Virgin Mary, St Joseph, and Litany of the Saints are all approved for the Indulgence.
- Psalm 51 - Partial Indulgence when recited with a spirit of penitence - Friday LOH
- RETREATS - Plenary Indulgence if spend three full days of spiritual exercises.

INDULGENCES

Family Album

- VENERATION of the Saints.
  - Partial indulgence granted to those who on the feast of any Saint
    - recite in the saint's honor the oration of the Missal or any other approved by legitimate Authority.

SACRAMENTALS

- Use of Devotional Articles - Partial Indulgence - for proper use Devout use of crucifix, cross, rosary, scapular, or a medal that has been blessed by any priest or deacon.

- **- June 29 - Plenary** Indulgence - on the Solemnity of the Holy Apostles Peter and Paul, when make a prayerful use of an article of devotion *that has been blessed by the Pope, or by any bishop* - Provided the faithful also makes a Profession of Faith using any legitimate formula, such as the Apostles Creed or Nicene Creed.

ROSARY

- ROSARY - Plenary when recited in a church or oratory or when recited in a family, religious community or pious association.

  - *Announce Mysteries when seeking as above.*
  - *Partial* Indulgence in all other circumstances
    - including when NOT completed due to interruption (Fall asleep)

INDULGENCES

- Hail Holy Queen - Partial Indulgence - part of Night Prayer
- Memorare - Partial Indulgence
- READING OF HOLY SCRIPTURE

  - Partial Indulgence who read with the veneration due to God's word.
  - Plenary when read for at least a half-hour.

BAPTISMAL PROMISES

- RENEWAL OF BAPTISMAL PROMISES

- A Partial indulgence is granted to those who renew their baptismal promises according to any formula in use;

- but a **Plenary** Indulgence is granted if this is done in celebration of the Paschal Vigil or on the anniversary of one's baptism.

Do you reject Satan? I do.

And all his works? I do.

And all his empty promises? I do.

Do you believe in God, the Father Almighty, creator of heaven and earth? I do.

Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father? I do.

Do you believe in the Holy Spirit, the holy Catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting? I do.

God, the all-powerful Father of our Lord Jesus Christ has given us a new birth by water and the Holy Spirit, and forgiven all our sins. May he also keep us faithful to our Lord Jesus Christ for ever and ever. Amen.

INDULGENCES

- **Sign of the Cross -** Partial Indulgence
    - make the sign of the cross, with the customary oral formula and pious devotion

- **Stations of the Cross** - Plenary if done in remembrance of Christ's sufferings.

  Conditions: lawfully erected, fourteen stations and readings, movement between them unless impractical due to numbers of people - but *if physical impediment prevents the above can be obtained by proper reflection*

INVOCATIONS

Invocations are Aids to piety and aids for obtaining an indulgence because they focus the mind properly on God.

Lord God Almighty - My God - Jesus - I adore you - Blessed be God - Praised be Jesus Christ - Forgive me, Lord - Your will be done - Help me, God - Save me - Hail Mary - Glory to God in the Highest - Blessed be the Holy Trinity - My Lord and my God - Glory to the Father, and to the Son … - Jesus, Mary and Joseph - You are the Christ, the son of the living God - Jesus son of David have mercy on me.

HOLY FATHER INTENTION

- The condition of requiring a prayer for the intentions of the Holy Father may be satisfied by reciting once an Our Father and a Hail Mary for his intentions.

- Nevertheless the faithful have the option of reciting any other prayer for the intention of the Holy Father suited to their own piety and devotion.

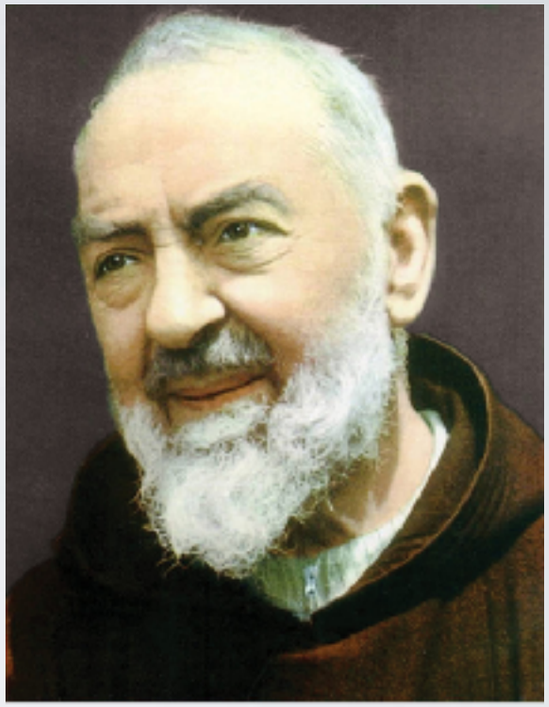
PERFECT PRAYERS
TO START YOUR DAY

MORNING OFFERING

O **Jesus,**
through the *Immaculate Heart of Mary*
I ***offer*** you my ***Prayers, Works, Joys and Sufferings*** of this day
for all the **intentions** of you ***Sacred Heart,***
in ***union with the Sacrifice of the Mass*** throughout the world,
in ***reparation*** for my sins,
for the ***intentions*** of all my **relatives and friends,**
[for all the souls in **Purgatory**, ***especially*** those who have no one to pray for them,]
and also for the ***intentions*** of the **Holy Father**

(add an Our Father and an Hail Mary for HF intentions)

MORNING
CONTINUED



Padre Pio prayers

My **past**, O Lord, to your mercy,
my **present** to your love,
my **future** to your Providence.

Angel of God, my guardian to whom the goodness
of the Heavenly Father entrusts me,
enlighten, protect and guide me, now and forever.

MASS & SACRAMENTS

- No discussion on indulgences would be complete without associating their place - as they relate to the Mass and to the Sacraments

MASS & SACRAMENTS

- There is no doubt that a proper understanding of the principal prayers and principal works related to indulgences, not only make satisfaction (reparation) for forgiven sins, but they also encourage greater zeal for the exercise of charity.
- The increase in charity, is ultimately a fundamental principle upon which the concept of indulgences are based.
    - From that increase in charity flows greater Holiness through purification.

MASS & SACRAMENTS

- In accordance with tradition, participation in the Sacrifice of the Mass or the Sacraments is not "*per se*" enriched by indulgences.
- Why?
  - Because of the surpassing efficacy that the Mass and Sacraments have, they are and remain the absolutely primary vehicle for becoming Holy.
  - *That which is greater is not enriched by the lesser.*

MASS & SACRAMENTS

- An example might help
  - If reparation is seen as the act of repairing a broken window - quieting the demands of Justice, then reparation is simply what one ought to do. *In this example, the repair erases the exact damage done.*
  - Reparation is primarily oriented towards justice - not love.

MASS & SACRAMENTS

- The increase in zeal for charity which aids personal holiness, comes from the incidental consequence that repairing one's mistakes can also be an act of love toward the victim. Why love?
    - Because the sinner retained the free will leave the window broken, since sorrow for the act was sufficient to be forgiven - even without repairing the window.

- Recall that Forgiveness of guilt and Reparation for the damage caused are not the same thing.

MASS & SACRAMENTS

- At the Mass, my good works and sufferings are offered as an oblation in which the faithful themselves are offered in unity with Christ to our Heavenly Father.

- This **self-giving** to God is the essence of **Holiness**.
  Rom 12:1-2

MASS & SACRAMENTS

- Further the Sacraments, are acts of God *not our own.* *They are infinitely superior to our own acts*
  - No amount of my prayers and good works, for instance can *make* me, a creature, *a child of God.*
  - A **Baptism**, where God acts instead of me - *to adopt* - is **necessary to become His child.**

INDULGENCES

QUESTIONS ?