



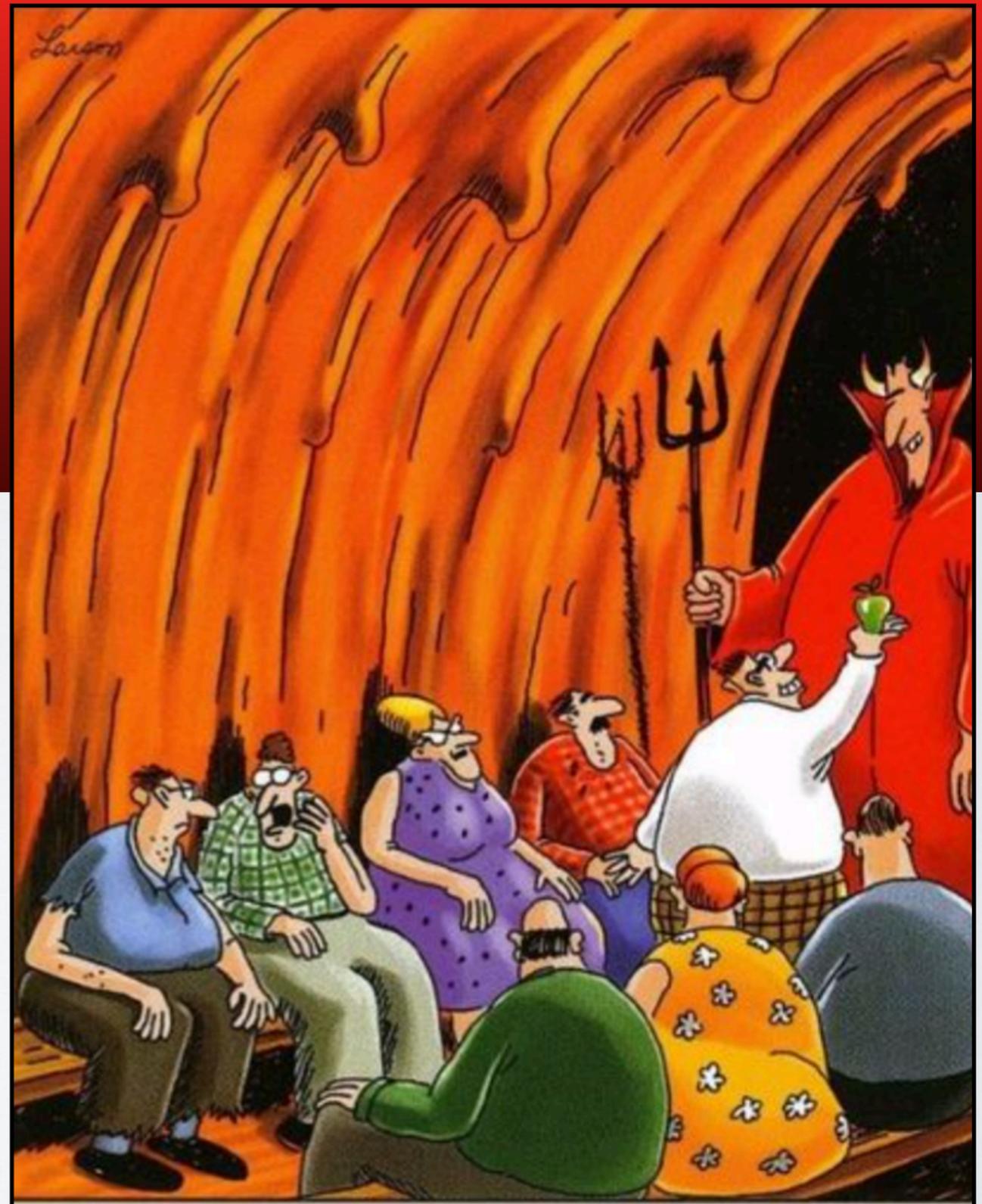
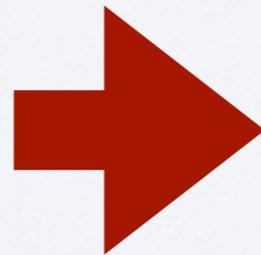
INDULGENCES

**A very important tool for achieving
Holiness and Purity**

Hell

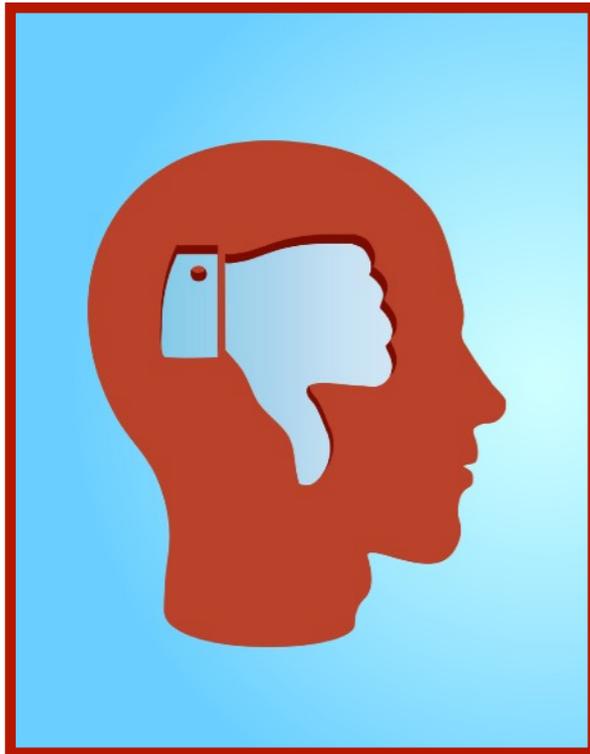
A 'far side' cartoon by the great Gary Larson. He must have been Catholic! 😎

We would want to help ourselves, if we could, even after death.



"There he goes again. ... Satan's pet."

CONTROVERSY



- The **SELLING** of indulgences as a fundraising process
- The **PROTESTANT** misunderstanding that:
 - **PURGATORY** is a **fiction** invented by the Church
 - **INDULGENCES** undermine the finished work of Christ



CONTROVERSY

- The **SELLING** of indulgences to build St Peter's Basilica
- The selling of indulgences was a **serious sin**.
Misconduct by clergy.
- It was **never the teaching of the Catholic Church** that you could buy God's favor in this age or the next.



SHE'OL - שְׁאֹל

- The understanding of **PURGATORY** as an after death purification is not new or a concept invented by the Catholic Church.
- We find the Jewish understanding of **She'ol** to be instructive, in **2 Maccabees 12: 38-46** and especially from the lips of Jesus as seen in the Parable of the Rich Man and Lazarus. **Lk 16:19.**

SHE'OL - שְׁאוֹל

- Even today a Mourners' **Kaddish** is said by the **Jewish community** upon the death of a loved one, by a Minyan. www.JewFAQ.org
- Definition: **She'ol** - A place of spiritual punishment and/or purification for a period of up to 12 months after death prior to entering haolam.

AN INDULGENCE

- Per CCC 1471 - "An indulgence is a remission before God of the **temporal punishment due to sins whose guilt has already been forgiven**, which the faithful Christian who is **duly disposed** gains under **certain prescribed conditions** through the **action of the Church** which, as the minister of redemption, **dispenses and applies with authority** the treasury of the satisfactions of Christ and the saints."

AN INDULGENCE

- CCC 1471 (continued) - "An indulgence is **partial or plenary** according [to whether] it removes either part or all of the *temporal* punishment due to sin.
 - The faithful can gain indulgences **for themselves** or **apply them to the dead.**
but not for another living person.

AN INDULGENCE

- ➔ • A **remission** of the **temporal punishment** for forgiven sin,
- ➔ • **Obtainable** by the forgiven person, **who seeks it**,
- ➔ • **Through an act**, **specified by the church**.

REPENTANCE & REPARATION



- Repentance flows from the **sorrow** of offending God thus triggering **God's mercy** to forgive.
- Reparation works on **fixing** or accounting for **the damage** caused - thus satisfying God's justice

REPENTANCE & REPARATION



- **Repentance** and **Reparation** are not the same thing, but they are both components of a complete restoration in **Mercy** and **Justice** flowing from a committed sin.
 - Some folks believe God is done - when He forgives sin - and in so doing ignore God's attribute of also being just.

REPENTANCE & REPARATION



- We can more easily see the distinction lookin at an example of a **my son's conduct in breaking a neighbor's window.**
- Repentance is the sorrow that triggers his forgiveness by the neighbor. **“I am very sorry.”** (Mercy)
- Reparation is the reprimand/suffering he must endure to **make up for, or satisfy, the harm** he caused by breaking the window. **“Fixing it.”** (Justice)

REPENTANCE & REPARATION



- Since **sin has a communal dimension**, i.e., sin affects the whole body of the Christ - **forgiveness also requires a communal dimension**.
- This is **why we seek the Sacrament of Reconciliation** as part of our repentance for sins against the **community and God**.
- The **priest** represents God and the Community - hence the priest can **restore** a sinner to the Body of Christ

REPENTANCE & REPARATION

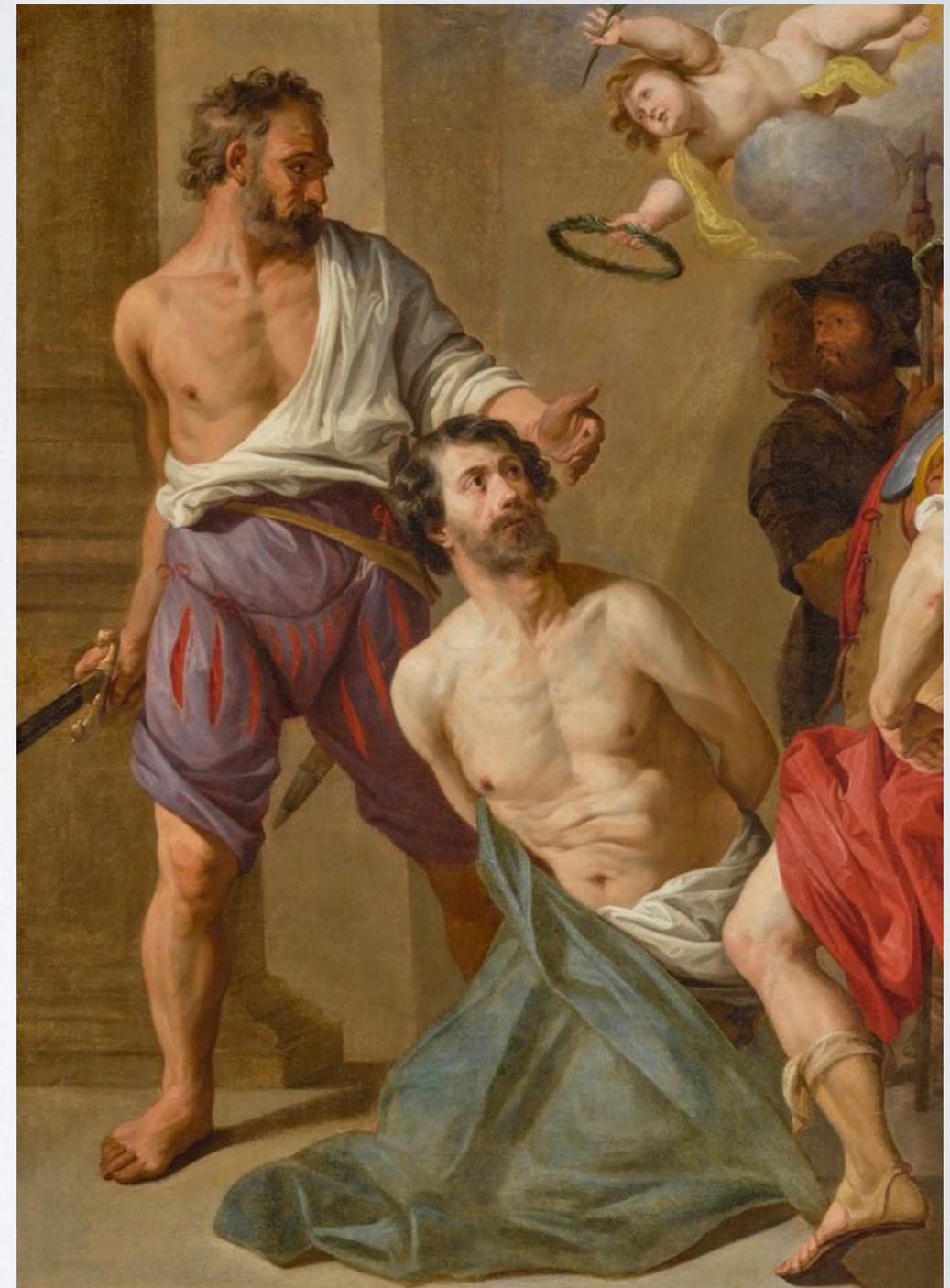
- **Penance** is part of the Sacrament of Reconciliation.
Penance should not to be confused with Reparation.
- Penance is an act that proves true sorrow for the sin.
 - **Modernly** a person confesses their sin - then a Penance is assigned by the Priest and the penitent goes out and does his penance - usually a set of prayers.
 - Because sins are pronounced forgiven at the time of articulation, the **priest assumes the penance will be performed and forgives the sin even before the additional proof of sorrow is demonstrated.**

REPENTANCE & REPARATION

- In the Early Church **absolution was not granted** until both confession and a penance proving sorrow had been completed *(The penances were very lengthy to confirm true sorrow, and such absolutions might occur only once).*
- One can just imagine the **division** that occurred in the Early Church during and after persecutions.
 - *One family's son was martyred due to a refusal to deny Christ, but another family's son was spared because he denied Christ, was now sorry and wanted readmission to the Eucharist.*
 - **Three Hail Marys as proof of sorrow?**

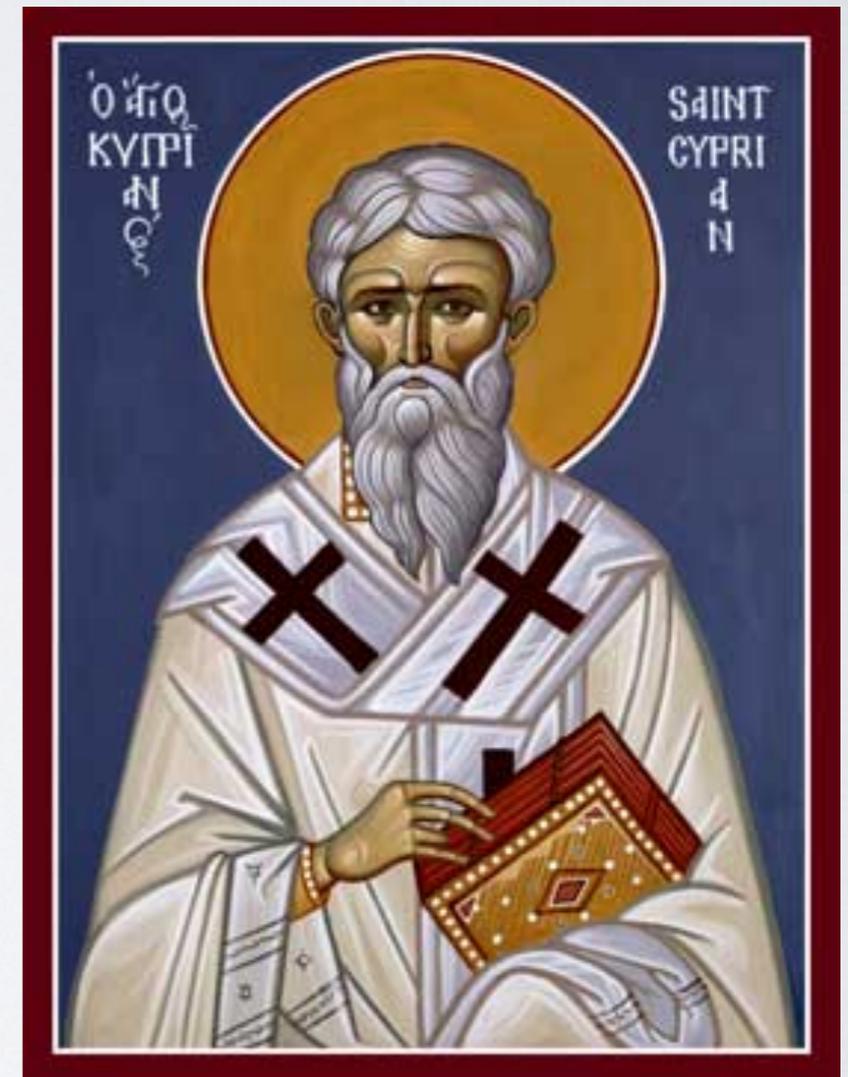
REPENTANCE & REPARATION

- Penitents sometimes asked martyrs facing death, to offer their sufferings for the atonement of the penitents sins) - so that full reconciliation with the Church and re-admission to the sacraments could be obtained more speedily.
- When a martyr offered his sufferings as *penance* for the sins of a penitent, the Church recognized this charitable act grounded in *mercy* - and *granted absolution*.



PENANCE & REPARATION

- For example, **St. Cyprian of Carthage** (d. 258) stated,
 - "Those who have received certificates from the martyrs and are able to be assisted by their privileged position before God" **may be absolved** and "come to the Lord with the peace which the martyrs, as indicated in letters sent to us, desired to be given them."
(Letter to the Clergy, 18 (12), 1).



INDULGENCES



- Fixing the windows we break, so as to satisfy our need for reparation and God's need for Justice.
 - We obtain **MERCY** in the confessional.
 - We satisfy **JUSTICE** by acts that repair the injustices resulting from that forgiven sin.
- Now that I have been forgiven, what am I going to do to make it all right again?

INDULGENCES



- The key to **INDULGENCES** is to understand:
 - The church specifies the types of **acts** that can satisfy Justice - speaking for Jesus.
 - *(Not unlike community service in our criminal system instead of prison)*
 - **These acts build me in holiness**
 - **These acts build the faith in me, others and are designed to benefit the Kingdom of God.**



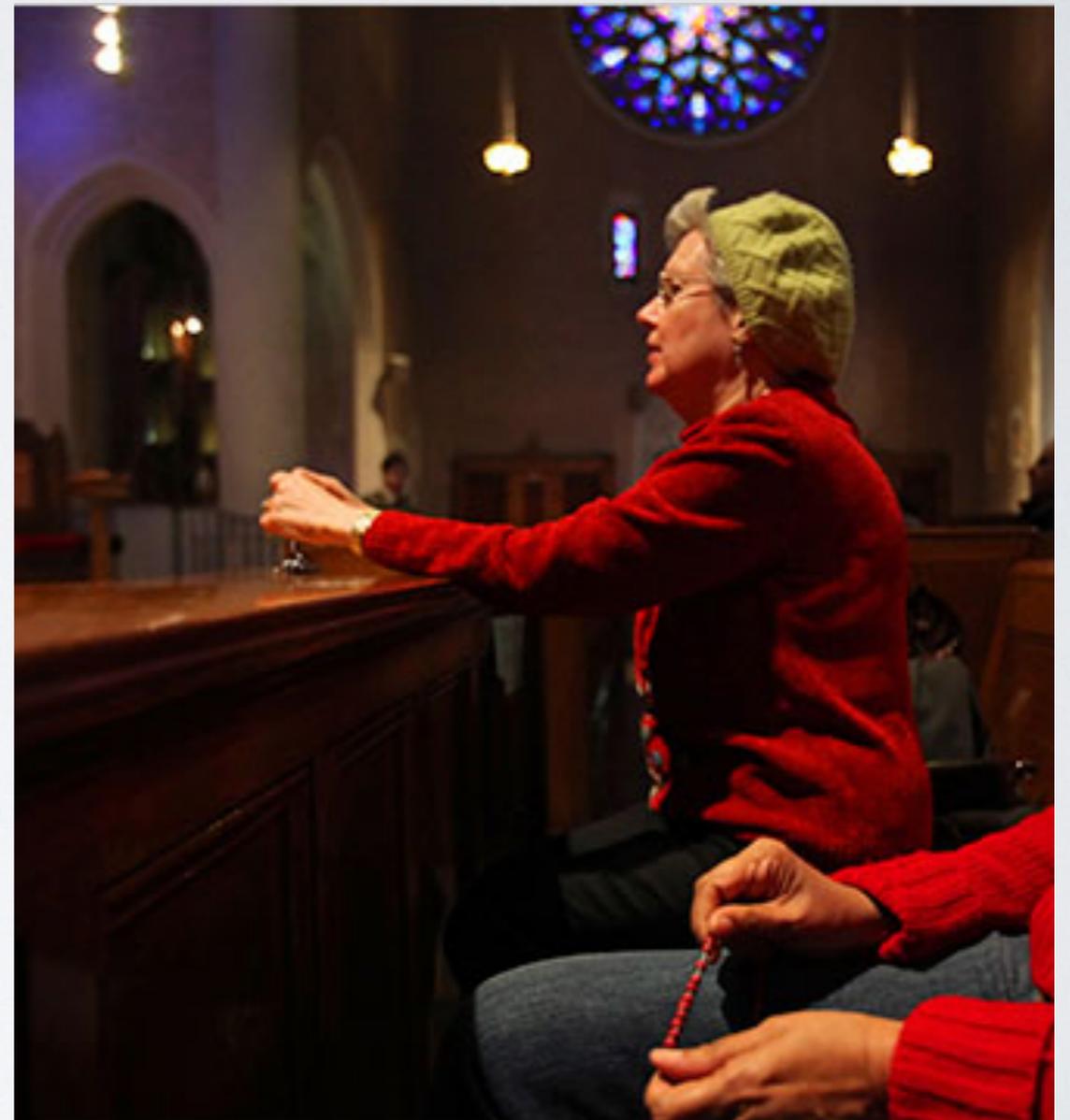
But **how** do
I obtain
an **indulgence?**

I want to do
something about
the harm I have
caused!

CONDITIONS

1. **Intent** to obtain (receive) the indulgence.
2. No attachment to sin - **Plenary**. (mitigated-**Partial**)
3. **Do** the prescribed **act**
4. * **sacramental confession** and * **communion** within a 20 day interval - **Plenary**
5. * Pray for intentions of the **Holy Father** - **Plenary**

* = three constants for Plenary except in 'Articulo Mortis.' - State of Grace for Partial.



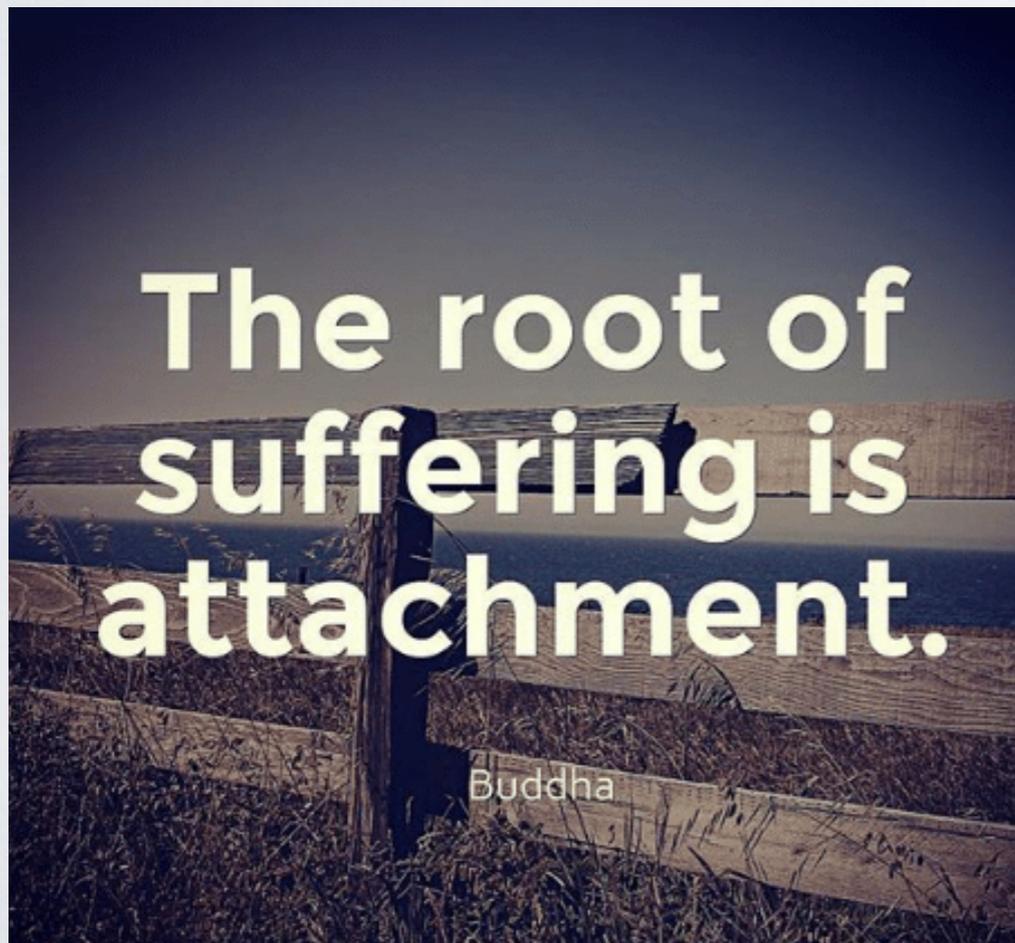
INTENT

- An Indulgence can not be obtained by accident.
 - Nor can an indulgence be obtained after the fact.
- **The intent to receive the indulgence must precede seeking it.** Otherwise there is no intent to do the act with the purpose of seeking reparation for prior sin.



NO ATTACHMENT

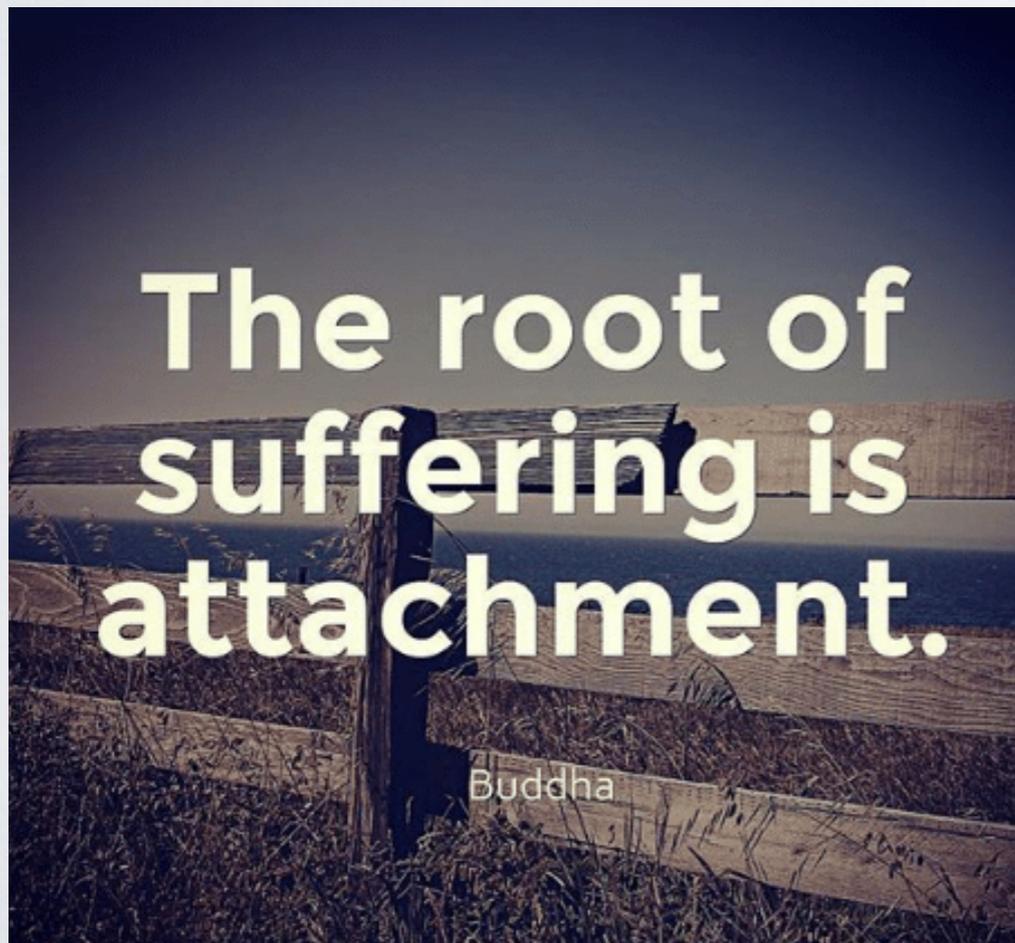
- **NO attachment to sin** - if a Plenary Indulgence is to be obtained - not even to venial sin. *Mitigated attachment permits reception of a Partial Indulgence.*



- How does one purge attachment?
 - By an act of the Will.
 - A definitive **choice** is made.
 - Peace from the commitment accompanies the choice.
(no suffering as Buddha would say)
 - It is never based on a feeling.

NO ATTACHMENT

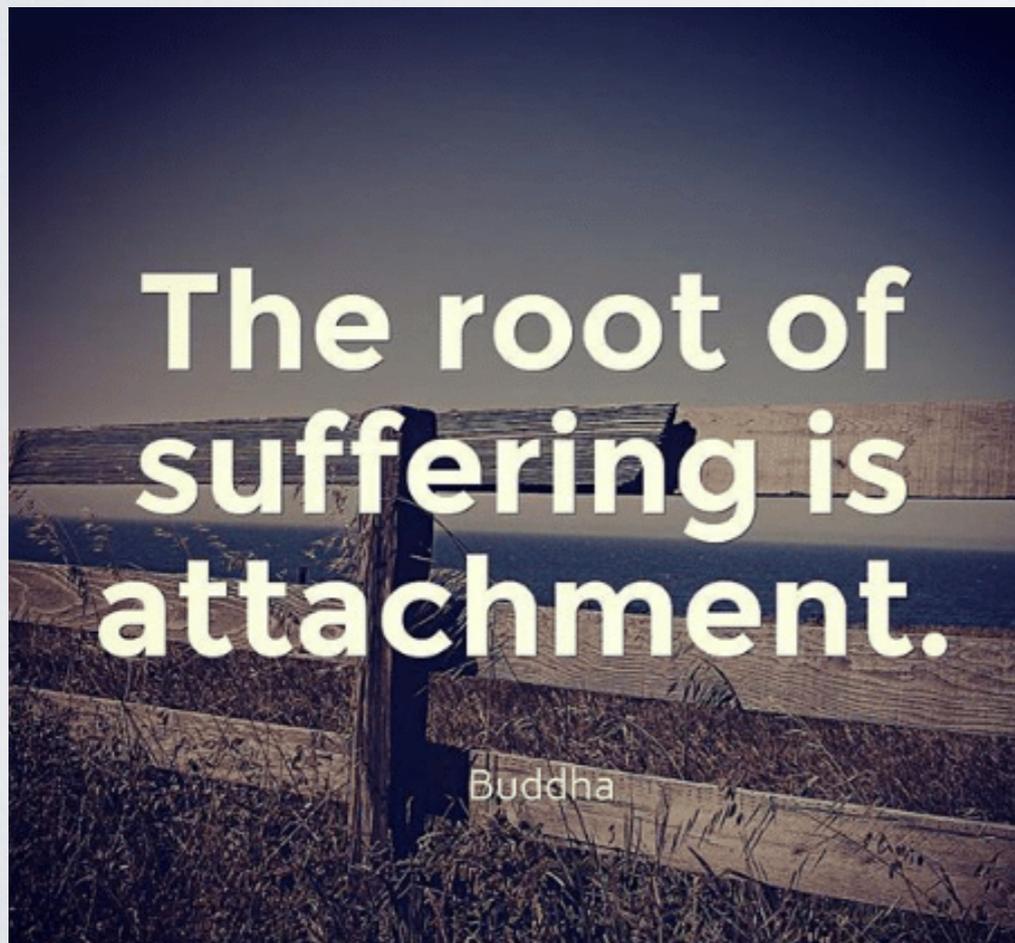
- An act of complete detachment - is understood to be the **definitive act of the will** choosing to desire the good that comes from rejecting all sin.



- How can I detach completely?
 - Foremost, put to death the fondness or affection (*memory of the pleasure*) that remains from previously forgiven sin.
- *Past feelings* must be overcome by an act of the will, based on desire.

NO ATTACHMENT

- **The act of detachment** - that act of the will needed for the indulgence, **is assisted by grace** - that is given to those seeking to do His will.



- Is it possible to do this?
 - It is not only possible, it is ultimately necessary for those who will enter heaven.
- If I die immediately after receiving a Plenary Indulgence where do I go? **HEAVEN**

NO ATTACHMENT

- All of this makes sense as the benefit of a Plenary Indulgence - A complete detachment from sin + a complete reparation from all previously committed sin - is in fact - our precondition for Heaven.

- You are for that moment pure and perfect in the eyes of God! **Heb 12:14* + Mt 5:8***

- ★ Since **Purgatory**, is the method for achieving that **holiness** and **purity** without which no one can see God, one who is the recipient of a Plenary Indulgence will go straight to heaven if she dies in that state. There is no need to be further purified.

- Rev 21:27
 - *“Nothing impure will ever enter it (heaven), nor will anyone who does what is shameful or deceitful,”*
 - but only those whose names are written in the **Lamb's book of life.**



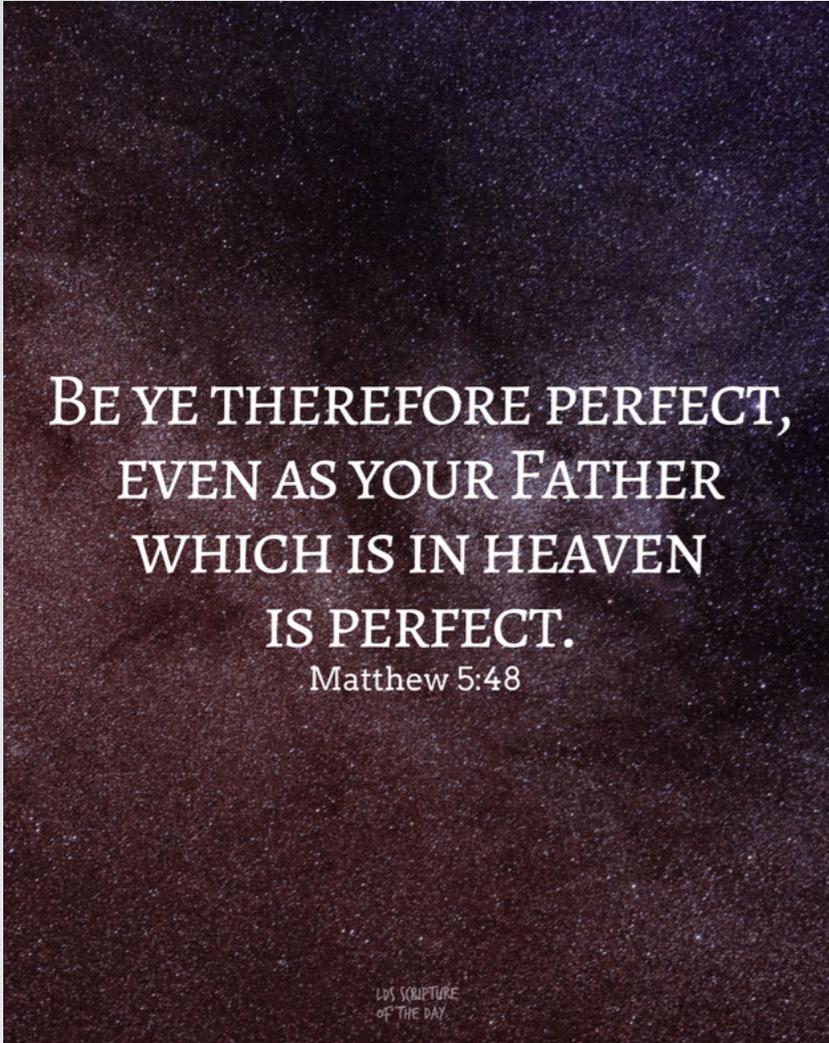
- The detachment requirement does not mean a person would never sin again as proof that they are detached from all sin.
- *Rather*, it is freedom from **attachment** to sin; that is, that there is no sin which the soul is unwilling or unable to renounce. - without the need to struggle.



REFLECTION - QUESTIONS

- Where does grace come into the indulgence process?
- Can a Protestant receive a Plenary or even a Partial indulgence?
- Can a person suffering from a sinful addiction detach from sin?
 - How might incapacitation due to addiction affect the analysis?





BE YE THEREFORE PERFECT,
EVEN AS YOUR FATHER
WHICH IS IN HEAVEN
IS PERFECT.

Matthew 5:48

LDS SCRIPTURE
OF THE DAY

- What does not make sense, is the idea that we just remain sinful by rationalizing that sin is a part of our fallen nature and therefore we can never really be perfect so we settle with the idea - to just do our best,
 - ... *thus never really becoming perfected as our Father in heaven is perfect in contradiction to Jesus' command.*
- and yet, incredibly, we are nonetheless welcomed into heaven in that state.

BE YE THEREFORE PERFECT,
EVEN AS YOUR FATHER
WHICH IS IN HEAVEN
IS PERFECT.

Matthew 5:48

LDS SCRIPTURE
OF THE DAY

- Some say the command is avoided at judgment by having *Jesus stand in front of us covering our continued imperfection with His Perfection and Blood*, in a sense hiding our sin from God the Father.
- This error - flows from a necessary doubt that Christ “really meant what He said” at the Mount of Beatitudes.



TOWARDS PERFECTION

A further reflection on these important concepts with an eye to becoming perfect.
(Mt 5:48)

- Intent - *act of the will*
 - general and specific
- Detachment - *act of the will*
 - a process leading to a momentous act
- This all leads to purity of heart and holiness.





TOWARDS PERFECTION

- **General intent** - The general intent to receive any and all of the indulgences that a faith filled person might merit throughout the day.
 - **Protestants**, for instance, can receive these partial indulgences. We will see this more clearly reviewing the **SECOND** and **FOURTH** Concessions.



TOWARDS PERFECTION

- **Specific intent** - The intention to receive a particular indulgence by engaging in a particular act that will bring it about.
 - *Plenary indulgences usually require a specific intent* because of their character.



TOWARDS PERFECTION

- **General intent** - can be explicitly made and therefore assured by **making an assent of the will to receive all the available indulgences** that might become available throughout the day.
 - A simple **prayer of offering our “prayers, works, joys, and sufferings”** of this day, is sufficient.
 - We will look at such a prayer at the end of this topic. A **Morning Offering**, made at the beginning of the day is a great start.



TOWARDS PERFECTION

- A **Detachment from sin** requires a **specific intent** of the will, such that it is *not* just a *general* intention.
 - One must therefore, make a **specific act of the will** with the **specific intention** to **detach from all sin**. Not just a general intent to be holy.
 - Calling to mind **specific weaknesses** helps formulate a meaningful specific intent to rid attachment for that weakness.



TOWARDS PERFECTION

- An examination of conscience is a great aid to making a detachment from sin because our conscience accuses us via a law written in our hearts.
 - See **Rom 2:15** generally



TOWARDS PERFECTION

- **Detachment** from all sin - is almost always the result of a **process**, not a one time event.
 - Making **repeated one time** decisions to detach, can become a **habit** which will eventually mature into the virtuous condition (**virtue**) of detaching repeatedly.
- **With time**, the desired detachment materializes aided by God's grace - this detachment being in accordance with His will.



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repetition → habit → virtue



TOWARDS PERFECTION

- Remembering - Total Detachment requires me to **put to death** even the fondness or memory of prior pleasurable sin,
- It seems that I must avoid even telling ‘**stories**’ that involve recalling the pleasure of prior sin.
 - A good practice might also include avoiding “**people**” that will remind me of the ‘pleasure.’
 - *a previously dead fondness for sin can be resurrected!*
- ★ Fondness is like a **virus**, waiting for the **immune** system to **become weak** during a temptation.



TOWARDS PERFECTION

- **Intent** - A different approach for sins of Commission versus sins of Omission
- Sin of Commission - Make an act of the will to detach, and nothing more is required.





TOWARDS PERFECTION

- **Intent**
- Sin of Omission - Make an act of the will to detach, and then *future acts of love are required.*
 - *often a sin of negligence.*
Failure to balance priorities.





TOWARDS PERFECTION

- **Deadly sins (Cardinal sins)** - by definition these are sins that are fatal to spiritual progress.
- Omission interferers:
Pride and sloth
- Commission interferers:
Pride, Anger, Gluttony, Lust, Anger, and Greed.
- **The Seven Contrary Virtues** - Humility, Diligence Kindness, Abstinence, Chastity, Patience, and Liberality.





TOWARDS PERFECTION

- **WE** all would like to receive Plenary Indulgences on every occasion they are available.
 - **Some might think,**
 - “*What is the point, I can never fully detach from sin...*”
 - Not obtaining a Plenary Indulgence is a “*waste of an indulgence opportunity...*”
 - **Not obtaining a Plenary Indulgence** is *not a wasted opportunity, rather a step closer to holiness*

DO THE ACT



- **Why** do we have to **DO** anything?
- **What kind of things** do we have to **DO** to receive a complete reparation or partial reparation for our sins?

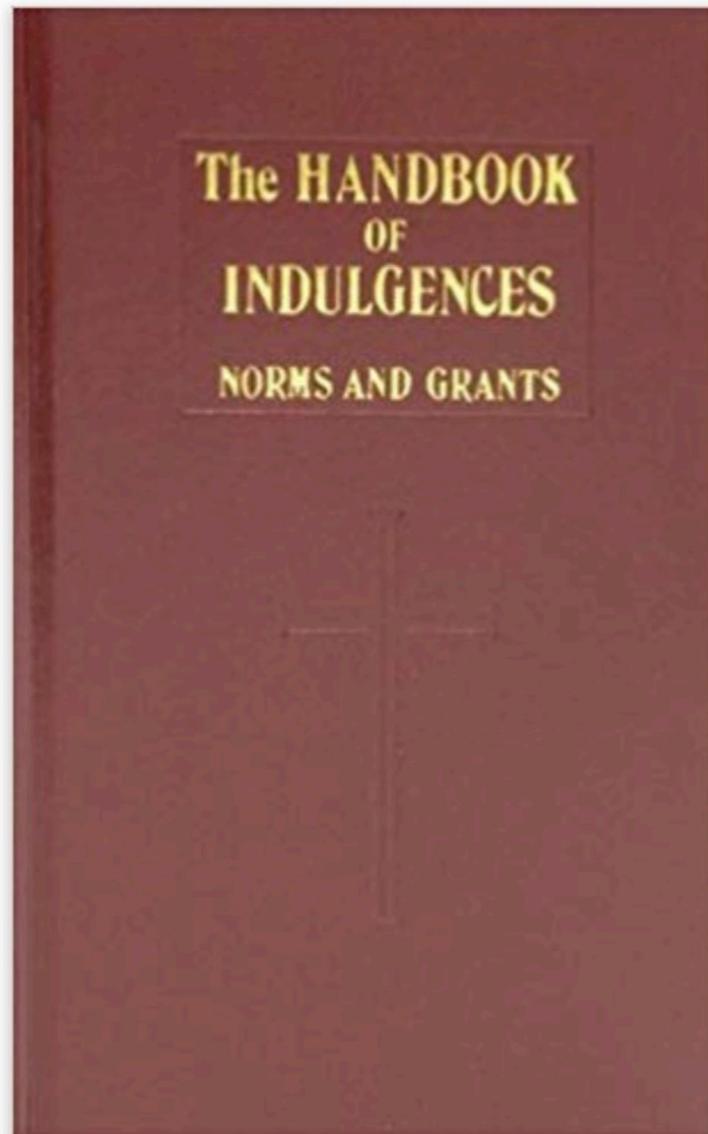
Doing increases Love, and Loving increases future Doing

BOOK OF INDULGENCES

The Handbook of Indulgences

by [Catholic Book Publishing Co](#) (Author)

★★★★★ [37 customer reviews](#)



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SOME NORMS

- An indulgence attached to a **feast** is transferred to the date of the transferred feast
- **Bishops** can impart Papal blessing with Plenary Indulgence 3 x per year
- Indulgence for an action in one day may begin at **noon** previous day
- Indulgence attached to a **religious article** lasts for the life of the article.
- Recipient must be **baptized**, not excommunicated and in the state of grace at least when work is completed.
- A plenary indulgence may only be gained 1 x per day

SOME NORMS

- Remission of Temporal Punishment = Reparation for forgiven sin
- An indulgence may not be applied for another **living** person
- An indulgence may be applied to the **dead**
- The partial reparation, from one inwardly contrite is **proportional** to the efficacy of the desired act.
- Only the **church** can grant indulgences
- No book or pamphlet listing indulgences may be published apart from proper **authority**.

SOME NORMS

- A single sacramental **confession** suffices for gaining several plenary indulgences, but **Holy Communion** must be received and the prayer for the intention of the Holy Father must be recited for gaining each Plenary Indulgence.
- An indulgence cannot be gained by a work already imposed by law or **precept**.
- A **partial** indulgence is available for the faithful, *who missing one of the three constants, or having attachment to sin*, nevertheless does the required act.

SOME NORMS

- A Partial indulgence may be gained **several** times per day
- A Penance imposed by penance after confession, which also qualifies for an indulgence may satisfy **both**
- One can **follow** another person's recitation of a qualifying prayer, mentally.
- A confessor may commute a prescribed work, when **impossible** due to obstacle
- Hearing and speech impaired can gain indulgences attached to public prayer by raising their **minds** in devotion to God while present at the recitation or expressing the prayer in an outward sign.

INDULGENCES



FOUR CONCESSIONS

- The Four **CONCESSIONS** are indulgences, by virtue that the enumerated acts are promulgated in the Gospels and the New Testament as conduits of grace or salvation. They therefore have an efficacy that requires no separate promulgation.
Their fruit is an increase in Charity!
- These are **general intent** in nature and *not described by the church with some specificity as to what might qualify*, since the New Testament urges them in the context of Our Lord's and the Apostles' teaching and acts.

FOUR CONCESSIONS

- **FIRST CONCESSION** - A partial indulgence is granted to the Christian faithful who, while performing their duties and enduring the difficulties of life, raise their minds in humble trust to God and make, at least mentally, some pious invocation.
 - My Lord and my God,
 - Jesus, remember me
 - Jesus, son of David, have mercy on me.
 - prayers for endurance and assistance in general
- Mt 7:7-8; **Lk 21:34-36**; Acts 2:42; **Rom 12:12**;
I Cor 10:31

FOUR CONCESSIONS

- **SECOND CONCESSION** - A partial indulgence is granted to the Christian faithful who, prompted by a spirit of faith, devote themselves or their goods in compassionate service to their brothers and sisters in need.
 - Helping others in need
 - **Love** in action
- Mt 25:35-36; Jn 13:34-35; Gal 6:10; Rom 12:8,10-11,13; I Cor 13:3

BODY - SOUL

The corporal works of mercy:

- To feed the hungry;
- To give drink to the thirsty;
- To clothe the naked;
- To shelter the homeless;
- To visit the sick;
- To ransom the captive;
- To bury the dead.

The spiritual works of mercy:

- To instruct the ignorant;
- To counsel the doubtful;
- To admonish sinners;
- To bear wrongs patiently;
- To forgive offenses willingly;
- To comfort the afflicted;
- To pray for living and dead.

FOUR CONCESSIONS

- **THIRD CONCESSION** - A partial indulgence is granted to the Christian faithful who, in a spirit of penitence, voluntarily abstain from something which is licit and pleasing to them.
 - *Chocolates?* Holding appetites in check (fasting)
 - St Leo the Great “We should spend on virtue what we take away from our pleasures.” Self-denial more precious if joined with charity.
- Lk 9:23; Jn 13:34-35; Rom 8:17; Rom 8:13; I Cor 9:25-27

FOUR CONCESSIONS

- **FOURTH CONCESSION** - A partial indulgence is granted to the Christian faithful who, in the particular circumstances of daily life, voluntarily give explicit witness to their faith before others.
 - Share the Gospel and your faith, when the occasion merits, through words and deeds.
- Mt 10:32; **Lk 11:28**; Acts 1:8; **Acts 4:32-33**;
1 Tim 6:12; **2 Tim 1:8**;



FOUR CONCESSIONS

- **Generally** the four concessions are the result of **unplanned opportunities** that arise during the day.
 - Ex: A beggar that appears from around a corner, or a person who drops a bag of groceries.
 - The **General intention** that makes a concession an indulgence, **must be more than a product of a good disposition** - it must be **motivated by a spirit of faith and love ultimately directed towards God.**

INDULGENCES



- Preparation for Sacramental Confession:
 - A pious Examination of Conscience
 - with purpose of amendment,
 - followed by a devout recitation of an Act of Contrition
 - Partial Indulgence

INDULGENCES

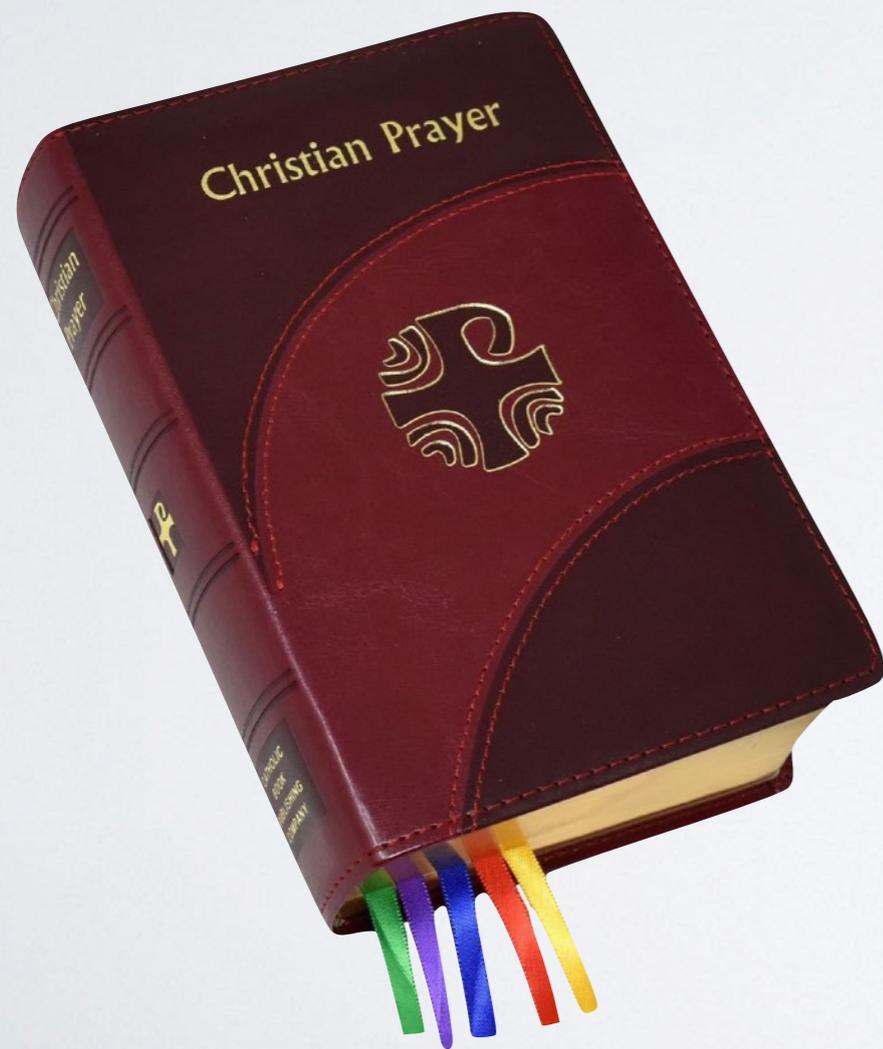
- Magnificat - Mary's Prayer of Thanksgiving - **Partial** Indulgence.
 - My soul proclaims the greatness of the Lord, my spirit rejoices in God my savior, for He has looked with favor on his lowly servant. From now on all generations ... (Lk 1:46-55)
- Any **Prayer of Thanksgiving** - **Partial** Indulgence.
 - "We give you thanks for all your gifts, almighty God, living and reigning now and forever."
 - "Bless us Oh Lord, for these thy gifts which we are about to receive, from ..."

INDULGENCES



- **FIRST Holy Communion - Plenary** Indulgence is granted to those who receive Communion for the first time or to those who ASSIST at the sacred ceremonies of a First Communion.
- A **Spiritual Communion - Partial** Indulgence if in a state of Grace based on desire to receive.
 - impediment need not exist

INDULGENCES



- **Apostles' or Nicene Creed** - when recited by itself, or when recited as part of a Rosary or even when recited as part of the Mass.
 - **Partial** Indulgence
- **Office of the Dead - LOH** - **Partial** Indulgence



BEFORE A CRUCIFIX AT MASS

- "Look down upon me, good and gentle Jesus, while before your face I humbly kneel, and with burning soul pray and beseech you to fix deep in my heart lively sentiments of faith, hope and charity, true contrition for my sins, and a firm purpose of amendment, while I contemplate with great love and tender pity your five wounds, pondering over them within me, calling to mind the words which David, your prophet, said of you, my good Jesus: "They have pierced my hands and my feet; they have numbered all my bones."
- Plenary on a **Friday in Lent**, prayed after Communion before a crucifix. **On any other day - Partial** Indulgence

INDULGENCES

- Assistance at Sacred Preaching.
 - Plenary Indulgence is granted to those who attend a Mission, hear some of the sermons and are present for the solemn close of the Mission.
 - A partial indulgence is granted to those who assist with devotion and attention at other occasions of the preaching of the Word of God. (at a conference, for instance)

ADORATION

ADORATION of the BLESSED SACRAMENT



Plenary if done for over a half hour, and a Partial Indulgence if done for a lesser time accompanied by prayer, or if done without the three constants.

Plenary if done Holy Thursday after Mass during the repose of the Blessed Sacrament - while piously reciting Tantum Ergo

Plenary if participate in procession in or out of church on the Feast of Corpus Christi. June 11, 2020

TANTUM ERGO

from USCCB.org by St Thomas Aquinas in 1264 AD

Down in adoration falling,
Lo! the sacred Host we hail;

Lo! o'er ancient forms departing,
Newer rites of grace prevail;

Faith for all defects supplying,
Where the feeble senses fail ...

HOLY SPIRIT



- **Holy Spirit Prayer** - **Partial Indulgence**
- "Come, Holy Spirit"
 - Come, Holy Spirit, fill the hearts of your faithful and enkindle in them the fire of your love. Send forth your Spirit and they shall be created. And you will renew the face of the earth.
- Recommended before reading Holy Scripture.

HOLY SPIRIT



- **Holy Spirit Prayer** - **Plenary** Indulgence on feast of Pentecost - Partial at other times.
- **Come, Holy Spirit - Creator Blest** verses or song
 - *Common Liturgical text follows next page*

HOLY SPIRIT

Come, Holy Spirit, Creator blest,
and in our souls take up Thy rest;
come with Thy grace and heavenly aid
to fill the hearts which Thou hast made.
O comforter, to Thee we cry,
O heavenly gift of God Most High,
O fount of life and fire of love,
and sweet anointing from above. . . .

GUARDIAN ANGEL

- **Prayer to Guardian Angel:**
Angel sent by God to guide me, be my light and walk beside me; be my guardian and protect me; on the paths of life direct me. — **Partial** Indulgence
- **Padre Pio's prayer to his Guardian Angel**
just a nice prayer FIRST Concession
— Angel of God, my guardian to whom the goodness of the Heavenly Father entrusts me, enlighten, protect, and guide me now and forever.



ANIMA CHRISTI

Anima Christi - Partial Indulgence

Soul of Christ, sanctify me.

Body of Christ, save me.

Blood of Christ, inebriate me.

Water from the side of Christ, wash me. Passion of Christ, strengthen me.

O good Jesus, hear me.

Within Your wounds hide me.

Never permit me to be separated from You. From the evil one, defend me.

At the hour of my death, call me and bid me come to you.

That I may praise you with your saints forever and ever.

Amen



THE ANGELUS

The Angelus - Partial Indulgence

- V. The Angel of the Lord declared unto Mary,
R. And she conceived of the Holy Spirit.
Hail Mary, etc...
- V. Behold the handmaid of the Lord.
R. Be it done unto me according to Your Word.
Hail Mary, etc...
- V. And the Word was made flesh,
R. And dwelt among us.
Hail Mary, etc.. *(continued next page)*



THE ANGELUS

- V. Pray for us, O holy Mother of God.
R. That we may be made worthy of the promises of Christ.
- Let us pray:
- Pour forth, we beseech You, O Lord, Thy Grace into our hearts; that we to whom the incarnation of Christ, thy Son was made known by the message of an angel, may by His passion and cross be brought to the glory of His Resurrection, through the same Christ, our Lord. Amen.

VISITS TO HOLY SITES



VISITS TO HOLY SITES

- Plenary Indulgence for visiting any of the Four Basilicas in Rome
 - once a year on the day chosen by the individual
 - on the Basilica's titular feast
 - on any Sunday or day of Obligation

INDULGENCES



- Papal Blessing to Rome and World (*Urbi et Orbi*)
 - Plenary Indulgence (Easter, Christmas, 1st Appearance)
 - when received in person
 - ALSO, by means of live radio, television, internet

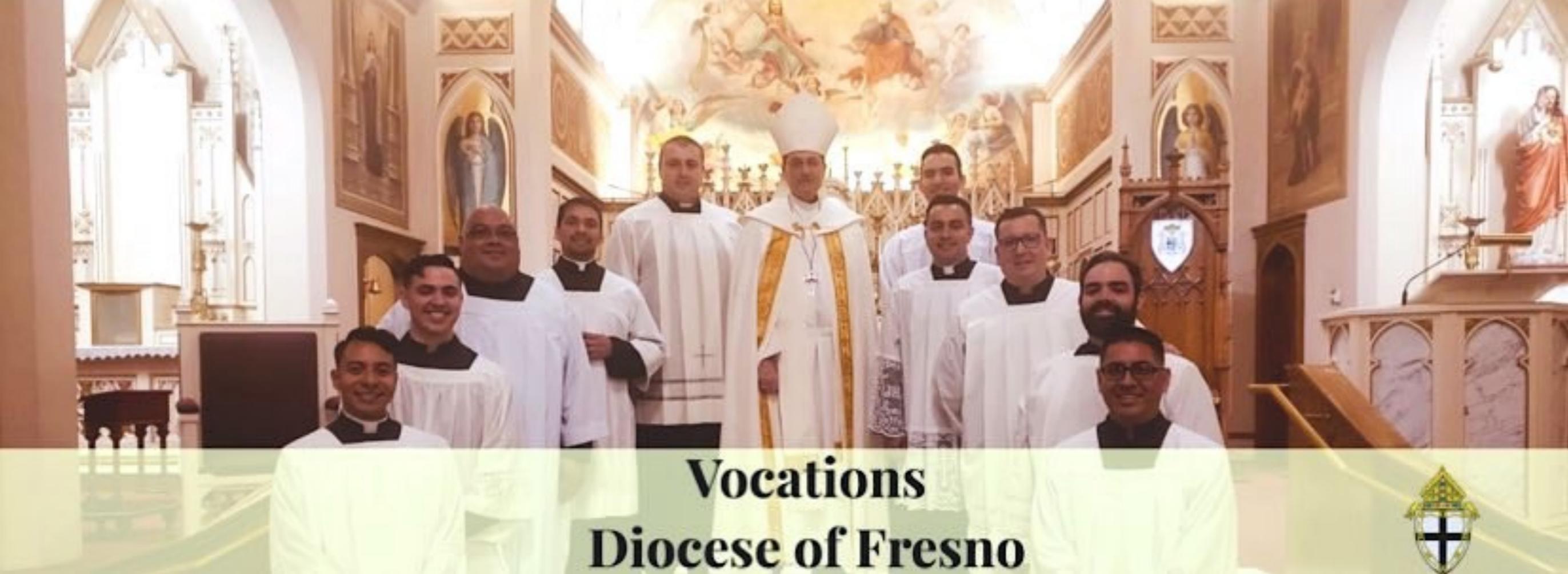
INDULGENCES

Holy Family
Sunday in the Octave
Christmas

St Mary's
Sept 8

- Visit **PAROCHIAL CHURCH** or the **CATHEDRAL** of the Diocese
 - on its titular feast, or August 2,
 - and pray an Our Father and Creed.
 - Plenary Indulgence

St Charles
November 4



Vocations Diocese of Fresno



- **Prayer for Priest or Religious Vocations.**
 - **Partial indulgence** is granted to those who recite a prayer approved by ecclesiastical Authority for the above intention.
 - This includes the **Prayers of the Faithful** at Mass recited at Mass after the Nicene Creed.

Pray for Vocations



©LPI



- First Mass of a newly ordained priest - Plenary Indulgence
 - for the priest,
 - and to the faithful who attend.

INDULGENCES

- Recitation of Ps 130 - Partial Indulgence

Out of the depths I cry to you, O Lord! O Lord, hear my voice! ...

If you, O Lord, should mark iniquities, O Lord, who could stand? But with you there is forgiveness, that you may be feared.

I wait for the Lord, my soul waits, and in his word I hope; my soul waits for the Lord

... For with the Lord there is steadfast love, and with him is plentiful redemption. And he will redeem Israel from all his iniquities.

INDULGENCES

- **TEACHING** or **STUDYING** Christian Doctrine
- for a person who **teaches**, prompted by a spirit of faith and charity.
- Also extends to the persons who **study** it.
 - Partial Indulgence



INDULGENCES

- **Prayer for the Household**
Hear us Lord, and send your angel from heaven to visit and protect, to comfort and defend all who live in this house, Amen.
Partial Indulgence

CHRIST THE KING

DEDICATION OF THE HUMAN RACE TO JESUS CHRIST THE KING

- a **Plenary Indulgence** is granted to those who recite the act of dedication on the **Solemnity of Christ the King** (last Sunday of Liturgical year). **Nov 22, 2020**
Partial at other times.
- ***IESU DULCISIME, REDEMPTOR*** Prayer available at www.catholic.org/prayers.

DYING



- At the approach of Death - Plenary if an **APOSTOLIC BLESSING** is imparted by priest with the *intent* to bestow the plenary indulgence.
- **Handbook of Indulgences, No. 28**
At the conclusion of the sacrament of penance or the penitential rite, *the priest should not neglect to give the apostolic blessing* to the dying.

DYING



**Available even
if in a coma**

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- **Handbook of Indulgences, No. 28**
At the conclusion of the sacrament of penance or the penitential rite, *the priest should not neglect to give the apostolic blessing* to the dying.

DYING



THE APOSTOLIC PARDON (BLESSING)

(available even if a person then miraculously survives).

“Through the Holy Mysteries of our redemption, may Almighty God release you from all punishments in this life and the life to come. May he open to you the gates of paradise and welcome you to everlasting joy.”

“By the authority which the Apostolic See has given me, I grant you a full pardon and the remission all your sins in the name of the Father, and of the Son, and of the Holy Spirit.”

DYING



- If priest cannot be present, plenary is still available *if the person is rightly disposed*, “provided they regularly prayed in some way during their lifetime.”
- Mother Church nevertheless grants such person a plenary indulgence *in articulo mortis*, if the person is in a *state of grace*. (Handbook of Indulgences #28). The use of a crucifix or a cross is recommended in obtaining this **Plenary indulgence**. In such a case the three usual conditions required in order to gain a plenary indulgence are substituted by the condition of ‘prior regular prayer.’

INDULGENCES

- **Visiting a cemetery** - visit and pray. Applicable to the Soul in Purgatory.
 - **Plenary on November 1 thru Nov 8**, and can be gained on each of these days.
 - **Partial** Indulgence at other times
 - **Also for visiting a catacomb of Early Christians** - a **Partial** Indulgence
- Again, the **Office of the Dead** - LOH - confers a **Partial** Indulgence

INDULGENCES

- **Prayer for the Dead - Partial Indulgence for the Souls in Purgatory**
 - “Eternal Rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen”
- A **Plenary indulgence**, applicable ONLY to the souls in purgatory, may be obtained by those who, on **All Souls Day (November 2)** piously visit a church or public oratory and recite the Our Father and Creed. *If the bishop moves the celebration to a near Sunday, it is still attainable on the Sunday.*

INDULGENCES

- **LITANIES** - **Partial** Indulgence for various litanies
 - Holy Name, Sacred Heart, Precious Blood, Blessed Virgin Mary, St Joseph, and Litany of the Saints are all approved for the Indulgence.
- **Psalm 51** - **Partial** Indulgence when recited with a spirit of penitence - Friday LOH
 - *“Lord open my Lips, and my mouth shall proclaim your praise.”*

INDULGENCES

- **RETREATS -**
Plenary
Indulgence
- if spend three
full days of
spiritual
exercises.



SPIRITUAL
RETREAT

INDULGENCES

- **VENERATION** of the Saints.
 - **Partial** indulgence granted to those who on the **feast of any Saint**
 - recite in the saint's honor **the oration of the Missal** or **any other approved** by legitimate Authority.



Family Album

SACRAMENTALS



- **Use of Devotional Articles - Partial Indulgence** - for proper use Devout use of crucifix, cross, rosary, scapular, or a medal that has been blessed by any priest or deacon.

SACRAMENTALS



- - **June 29 - Plenary** Indulgence - on the Solemnity of the Holy Apostles Peter and Paul, when make a prayerful use of an article of devotion that has been blessed by the Pope, or by any bishop - Provided the faithful also makes a Profession of Faith using any legitimate formula, such as the Apostles Creed or Nicene Creed.

SACRAMENTALS



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Holy Land Market Natural Olive Wood Rosary

by [zytoon](#)

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| [3 answered questions](#)

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- Rosary is about 10 - 13.5" in length.
- A Beautiful work of art
- Comes with a special Holy Land Sample gift that has Earth from the Holy Land, a Certificate card and a Cross

[New \(2\) from \\$7.78](#) + FREE Shipping

ROSARY

- **ROSARY** - Plenary when recited in a church or oratory or when recited in a family, religious community or pious association.
- *Announce Mysteries when seeking as above.*
- **Partial** Indulgence in all other circumstances
 - including when **NOT** completed due to interruption (Fall asleep)

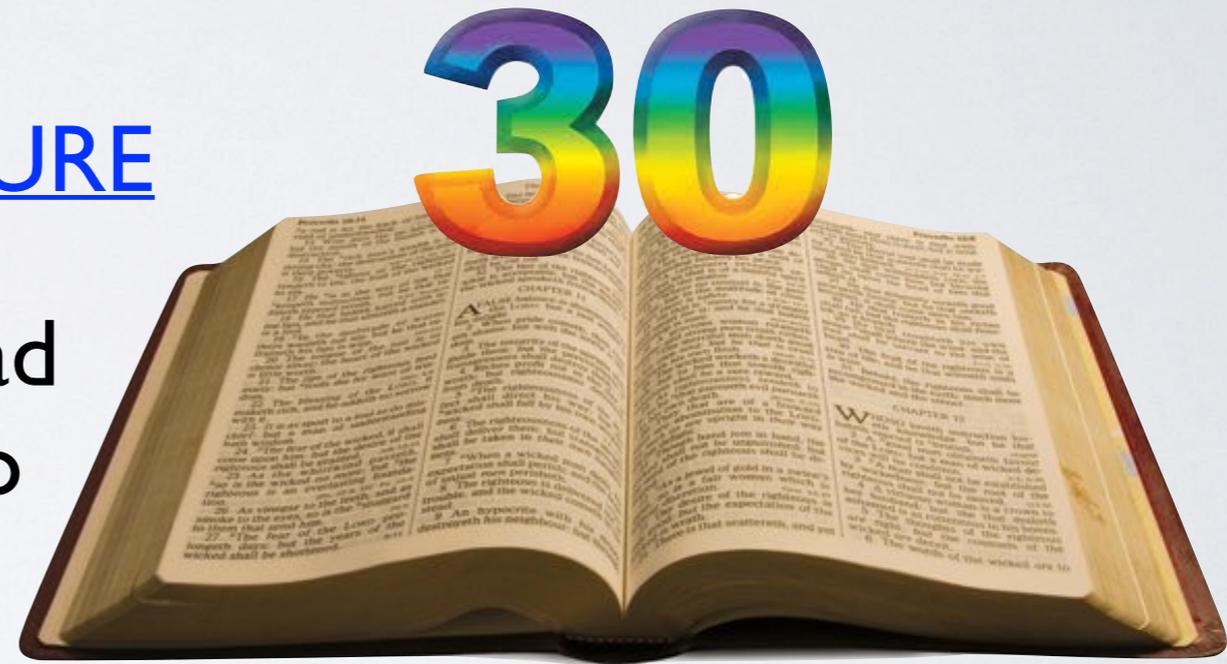


INDULGENCES

- **Hail Holy Queen** - **Partial** Indulgence - part of Night Prayer
- **Memorare** - **Partial** Indulgence
 - Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided. Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

INDULGENCES

- READING OF HOLY SCRIPTURE
 - **Partial** Indulgence who read with the veneration due to God's word.
 - Plenary when read for at least a half-hour.



BAPTISMAL PROMISES

- RENEWAL OF BAPTISMAL PROMISES
 - A **Partial** indulgence is granted to those who renew their baptismal promises according to any formula in use;
 - but a **Plenary** Indulgence is granted if this is done in celebration of the **Paschal Vigil (Holy Saturday)** or on the anniversary of one's baptism.
 - Mine is Jan 23 - Do you know yours?

Do you reject Satan? I do.

And all his works? I do.

And all his empty promises? I do.

Do you believe in God, the Father Almighty, creator of heaven and earth? I do.

Do you believe in Jesus Christ, his only Son, our Lord, who was born of the Virgin Mary was crucified, died, and was buried, rose from the dead, and is now seated at the right hand of the Father? I do.

Do you believe in the Holy Spirit, the holy Catholic church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting? I do.

God, the all-powerful Father of our Lord Jesus Christ has given us a new birth by water and the Holy Spirit, and forgiven all our sins. May he also keep us faithful to our Lord Jesus Christ for ever and ever. Amen.

INDULGENCES

- **Sign of the Cross** - **Partial** Indulgence
 - make the sign of the cross, with the customary oral formula and pious devotion
- **Stations of the Cross** - **Plenary** if done in remembrance of Christ's sufferings.
 - Conditions: lawfully erected, fourteen stations and readings, movement between them unless impractical due to numbers of people - but *if physical impediment prevents the above can be obtained by proper reflection*

INVOCATIONS

Invocations are **Aids to piety** and **aids for obtaining an indulgence** because they focus the mind properly on God.

Lord God Almighty - My God - Jesus - I adore you - Blessed be God - Praised be Jesus Christ - Forgive me, Lord - Your will be done - Help me, God - Save me - Hail Mary - Glory to God in the Highest - Blessed be the Holy Trinity - My Lord and my God - Glory to the Father, and to the Son ... - Jesus, Mary and Joseph - You are the Christ, the son of the living God - Jesus son of David have mercy on me.

HOLY FATHER INTENTION



- The condition of requiring a prayer for the intentions of the **Holy Father** may be satisfied by reciting once an **Our Father** and a **Hail Mary** for his intentions.
- Nevertheless the faithful have the **option of reciting any other prayer** for the intention of the **Holy Father** suited to their own piety and devotion.



PERFECT PRAYERS
TO START YOUR DAY

MORNING OFFERING

O Jesus,

through the *Immaculate Heart of Mary*

I offer you my Prayers, Works, Joys and Sufferings of this day

for all the intentions of you *Sacred Heart*,

in union with the Sacrifice of the Mass throughout the world,

in reparation for my sins,

for the intentions of all my relatives and friends,

[for all the souls in **Purgatory**, especially those known to me

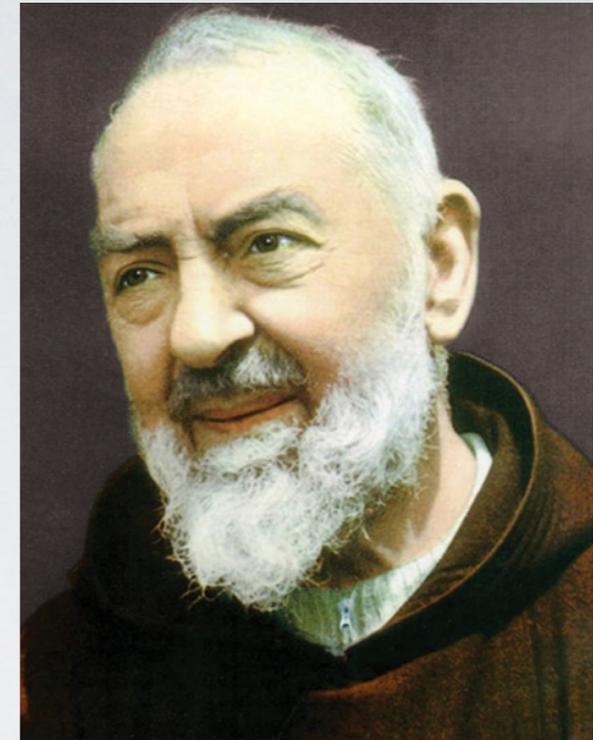
and those who have no one to pray for them,]

and for the intentions of the Holy Father

(add an Our Father and an Hail Mary for HF intentions)

MORNING CONTINUED

My past, O Lord, to your mercy,
my present to your love,
my future to your Providence.



Padre Pio prayers

Angel of God, my guardian to whom the goodness
of the Heavenly Father entrusts me,
enlighten, protect and guide me, now and forever.

DEVOTIONS

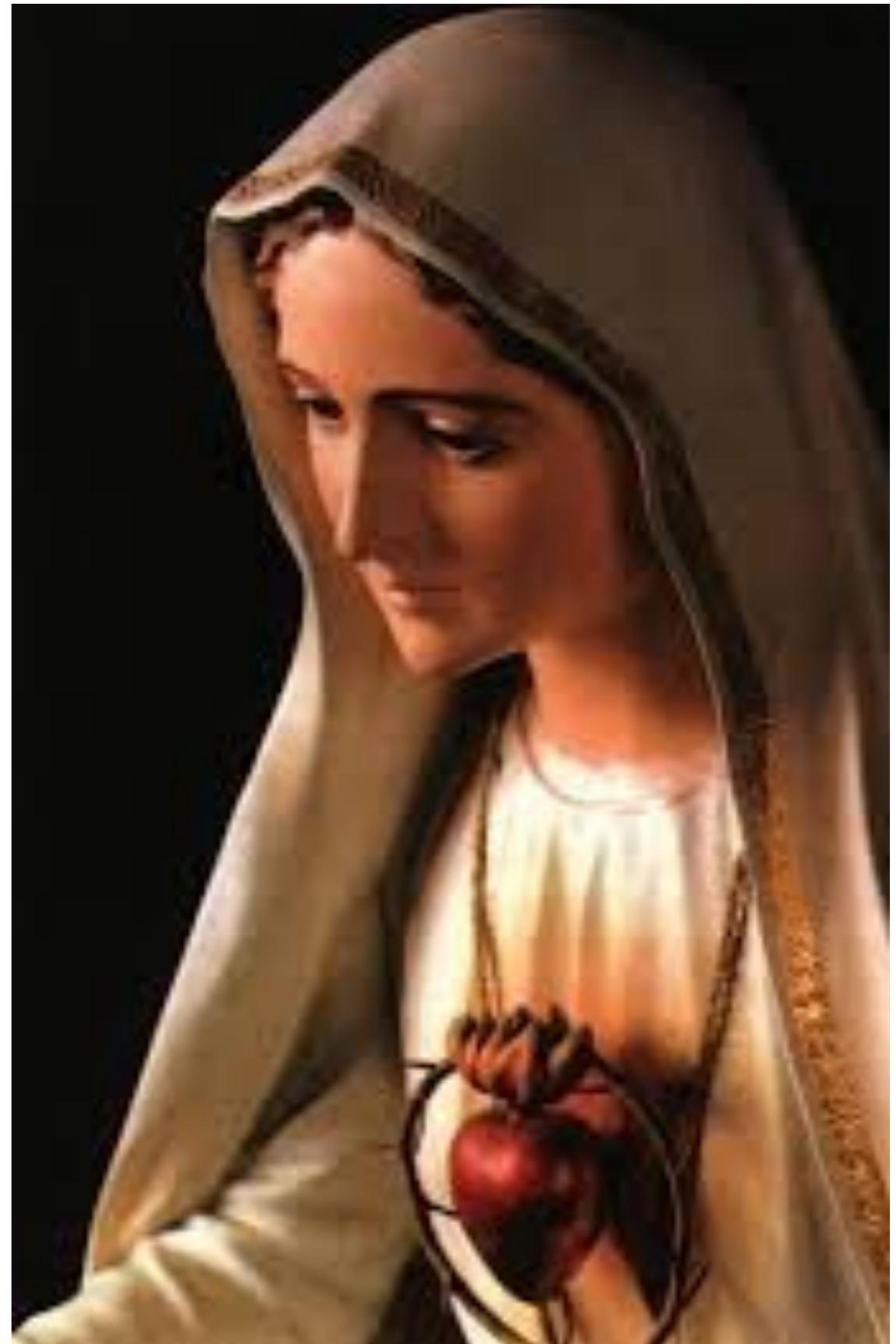
Private Revelations

even if
church approved and
encouraged

are an

**Aid to Piety and
Sanctification**

but they are not
INDULGENCES



MASS & SACRAMENTS

- No discussion on indulgences would be complete without associating their place - as they relate to the Mass and to the Sacraments



MASS & SACRAMENTS

- There is no doubt that a proper understanding of the **principal prayers and principal works related to indulgences**, not only make satisfaction (reparation) for forgiven sins, but they also **encourage greater zeal for the exercise of love towards God and neighbor.**
- The inevitable increase in love, is one of the fundamental principles upon which the concept of indulgences is based.

- **Purification Acts increase our disposition to Love, and greater love leads to Holiness.**

MASS & SACRAMENTS

- The increase in zeal for Love which aids personal holiness, comes also from act of Reparation.
Repairing one's mistakes can also be an act of love toward the victim. Why love?
 - The sinner retained the freedom to leave the window broken. Sorrow for the sin was sufficient to be forgiven - even without repairing the damage caused by the sin.
- Recall that Forgiveness of guilt and Reparation for the damage caused are not the same thing.

MASS & SACRAMENTS

- In accordance with tradition, participation in the **Sacrifice of the Mass** or the **Sacraments** is not “*per se*” enriched as an indulgence for the participant.
 - **Why?**
 - Because of the surpassing value the Mass and Sacraments have, they are and remain the absolutely primary vehicle for becoming Holy.
 - *That which is greater is not enriched by the lesser.*

MASS & SACRAMENTS

- NOTE: when an indulgence is granted at MASS on certain special occasions such as first Holy Communion or the first Mass of a newly ordained priest, the indulgence is understood to be attached, NOT to the participation in the Eucharistic Liturgy,
 - but to the extraordinary EVENT *connected with the participation by the person at that liturgy*, because it is intended to **promote participation at the event, and a pious devotion of the person to the occasion being celebrated by the liturgy.**

MASS & SACRAMENTS



- At the Mass, my good works and sufferings are offered as an **oblation** in which the faithful themselves are offered in unity with Christ to our Heavenly Father.
- This **self-giving** to God is the essence of **Holiness**.
Rom 12:1-2

MASS & SACRAMENTS



- Further the **Sacraments**, are acts of God not our own. They are infinitely superior to our own acts
- No amount of my prayers and good works, for instance can make me, a creature, a child of God.
- A **Baptism**, where **God acts instead of me - to adopt** - is necessary to become His child.

MISSALETTES



- Have you paid attention to:
- the back of our **Mass MISSALETTES** and
- the back of the **BREAKING BREAD MUSIC** issue.

MISSALETTES

PRAYER TO ST. MICHAEL

Saint Michael, the Archangel, defend us in battle, be our protection against the wickedness and snares of the devil. May God rebuke him, and humbly pray; and do thou, O Prince of the heavenly host, by the power of God, thrust into Hell Satan and the other evil spirits who prowl about the world for the ruin of souls. Amen.

Pope Leo XIII (1810-1903)

HAIL, HOLY QUEEN

Hail, Holy Queen, Mother of Mercy, our life, our sweetness, and our hope! To you do we cry, poor banished children of Eve; to you do we send up our sighs of mourning and weeping in this vale of tears. Turn, then, most gracious advocate, your eyes of mercy toward us; and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary! Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.

PRAYER BEFORE CONFESSION

Our God, you are patient and accept our desire to be cleansed. I acknowledge my sins and help me to live. Help me to receive your mercy.

PRAYER BEFORE THE CRUCIFIX

Behold, O kind and gentle Jesus, I kneel before you and pray that you would impress upon my heart the virtues of faith, hope and charity, with true repentance for my sins and a firm purpose of amendment. At the same time, with sorrow I meditate on your five precious wounds, having in mind the words which David spoke in prophecy: "They have pierced my hands and my feet. I can count all my bones" (Psalm 22).

ACT OF CONTRITION

My God, I am sorry for my sins because I have sinned against you, my God, in choosing to do evil and to do good, I have sinned against your love above all things, and to avoid your punishment, I have sinned against my conscience and the commandments of your law. Help me to live in your grace and to avoid sin.

MISSALETTES

ANIMA CHRISTI

Soul of Christ, sanctify me; Body of Christ, save me; Blood of Christ, inebriate me; Water from the side of Christ, wash me; Passion of Christ, strengthen me; O good Jesus, hear me; Within your wounds hide me; Separated from you, let me never be; From the evil one protect me; At the hour of my death, call me; And close to you bid me; That with your saints, I may be, praising you forever and ever. Amen.

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PRAYERS

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HAIL,

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of the promises of Christ.

PRAYER FOR VOCATIONS

Lord, you call us all by name to follow your path. You always bless your Church and guide your followers to become leaders who think of others before themselves. Mold us in the image of your Son, to respond to your call as Sisters, Priests, Brothers, Deacons, and Lay servants of the Gospel. Embolden us all to grow in knowing of you, and allow this knowledge to open our hearts, mind, and souls to your enduring call. We ask this in Jesus' name. Amen.

PRAYER BEFORE CONFESSION

Lord our God, you are patient with sinners and accept our desire to make amends. I acknowledge my sins and I am resolved to change my life. Help me to celebrate this sacrament of your mercy so that I may reform my life and receive from you the gift of everlasting joy. We ask this through Christ our Lord. Amen.

of the promises of Christ.

ACT OF CONTRITION

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

(Rite of Penance, no. 45)

CONTRIBUTION

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INDULGENCES

QUESTIONS ?